## The Arthritis Foundation of the Northern Territory Incorporated

Trading as Arthritis & Osteoporosis NT

# **Annual Report 2015 - 2016**

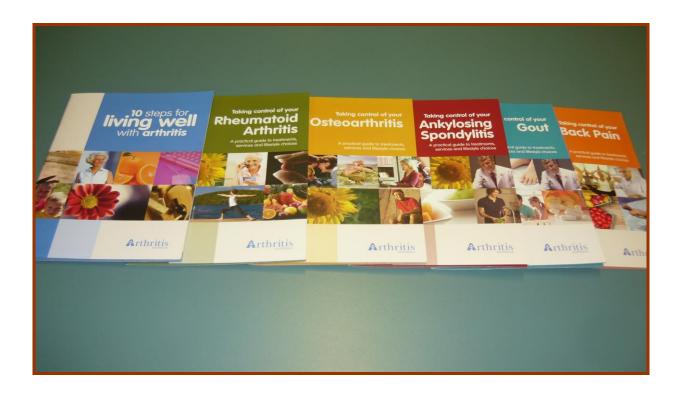
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Arthritis & Osteoporosis NT

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### **Introduction**

Welcome to the 2015-2016 Annual Report of The Arthritis Foundation of the Northern Territory Incorporated. It is designed to meet the requirements of the organisation's Constitution and the Associations Act, containing all information required for the Annual Return to the NT Department of Business. For the year ending 30 June 2016, the Board has performed all Management Committee functions.

The Foundation has a number of business names, the most often used being Arthritis & Osteoporosis NT (AONT). In keeping with this practice "AONT" will be used throughout this document.

AONT is primarily an organisation for the benefit of, and services to, people with arthritis and osteoporosis. These services may also have relevance to some other musculoskeletal conditions.

### **Historical Milestone**

This year saw the 35<sup>th</sup> anniversary of the founding of the organisation, then known as the Arthritis & Rheumatism Association of the NT. An extract from the first Annual Report states: "a meeting was held at Parap Primary School for the purpose of discussing the needs of arthritis sufferers and what expectations they might have with regard to the forming of an association".



On 3<sup>rd</sup> May a small reception was hosted at Parliament House by the Minister for Health the Honourable John Elferink to celebrate this significant milestone. Franca Marine from Arthritis Australia spoke about the collaboration between Arthritis Australia and AONT.

Franca was in town to attend the Annual Scientific Meeting of The Australian Rheumatology Association. AONT volunteers manned the Arthritis Australia trade stand and dealt with the many requests for materials. The Arthritis Information sheets and most of the booklets which AONT uses are produced by Arthritis Australia and the Rheumatology Association. These materials are reviewed regularly to ensure people receive the most accurate and up to date information possible.

At COTA's 2016 Seniors Month Expo in the Museum grounds where many people stopped by for information and were pleased to pick up materials.



## **President's Report**

## Funding and Service Agreement with the Northern Territory Government

The current Service Agreement runs from January 2015 to June 2017. This 2 ½ year term means the Agreement now more conveniently ends with the financial year.

We have again applied for small grants throughout the year. More details are provided in "Grant Applications and Projects" on Page 9. Thanks to staff members and our volunteers for all their efforts in applying for grants.

Fundraising capacity continues to be limited, due both to our limited resources to organise traditional events as well as the vulnerable health status of most of AONT membership. Refer to Page 10 for information on "Donations, Fund Raising and Sponsorship".

### **Staffing**

We have two ongoing part time positions - Administrative Assistant and Bookkeeper - which equate to one full time position. See "Structure and Running of the Organisation" on Page 7 for more detail.

Natalie Valastro, our bookkeeper, has been with us since early 2006, and Deirdre Moldenhauer, our Administrative Assistant joined us in April 2014. Thanks to both Natalie and Deirdre for your reliable support.

AONT no longer employs anyone in relation to The Joint Movement project (TJM), formerly the National Local Exercise Program, an arthritis focussed exercise program developed through Arthritis Australia. However our dedicated volunteer Board members are working with the Joint Management National Manager to promote the program to prospective exercise leaders in the NT to ensure the project comes to fruition in Darwin. Instructor training was provided in Alice Springs in early 2016.

### **Volunteers**

Thank you to all the volunteers, including members of the Board, who do so much to keep the organisation going, including:

- working in the office regularly;
- running self-help courses and
- supporting a wide range of activities outside office hours.

To fully appreciate the extent of this effort, see "Structure and Running of the Organisation" on Pages 7 & 8 for a detailed list of activities.

I particularly want to thank those volunteers who bring special expertise (technical, administrative and managerial) to the organisation and/or contribute many, many hours to support service delivery and ensure that all our legal obligations are met.

Office hours continue to be 9:30am to 2:00pm Monday through to Thursday. Between the volunteers and paid staff there are usually at least two people in the office each day. There are occasional days when the office is late in opening or early in closing, due to unavailability of personnel. Additional details of our activities are listed in "Achievements" on Pages 10 to 18.

## Support of AONT by the Community and Other Organisations

Once again I would like to thank all those who have supported AONT throughout the year:

- members and non-members who have made donations, often on a regular basis;
- Arthritis Australia for collaborating on special projects and providing AONT with up to date information and materials;
- the Arthritis Foundation of South Australia for ongoing assistance with their revamped pain management course, "Take Charge of Pain";
- the Arthritis Foundations of New South Wales, Queensland, Victoria and Western Australia for a range of booklets;
- Carly Phillips, rheumatology nurse in the Specialists Clinic at Royal Darwin Hospital (RDH), for all her assistance;
- the people who attend our Palmerston support group and keep it active;
- the various organisations who invite us to provide presentations and/or participate in their events and
- all those who help with donations and/or fundraising events.

Denis Power President

### Governance

As an organisation incorporated under the NT Associations Act, the Board has the responsibility of running the organisation, with authority to employ persons as necessary and viable. We first became incorporated in July 1983. Nowadays, with recurrent NT Government funding, we are able to maintain an office in the Rapid Creek Business Village, with modest staffing levels. However, volunteer involvement is still crucial to the viability of the organisation, with volunteer hours each week exceeding that of employee hours. All Board positions are also voluntary.

### The Board

The Board normally meets monthly and maintains regular contact with each other and with staff. Other Board meetings are called as needed to deal with specific matters. Some of our Board members are also regular office volunteers. During the year a Board member attended a "Multicultural framework and community funding" information night to be better informed about sourcing one off grants.

Our Constitution requires election at the Annual General Meeting (AGM) of office bearers: President, Vice-President, Treasurer, Secretary, Public Officer (who may hold another office concurrently), and a minimum of three and no more than ten ordinary members. Throughout the year, the Board has authority to appoint a member to fill any vacancy arising, whether office bearer or ordinary member and any person so appointed shall hold office until the following AGM.

As at 30<sup>th</sup> June 2016 the AONT Board comprised:

President Denis Power
Vice President Peg Gellert
Secretary Hilary Fowler

Treasurer & Public Officer Ruth Garden

Ordinary Members Charles Atherton, Joan Crombie, Margaret Murray, Mary Willis

From 1<sup>st</sup> July 2015 until the 2015 AGM on 31<sup>st</sup> October, the Board was exactly the same, with all members re-elected.

They first joined the Board:

Ruth Garden February 2006 Charles Atherton October 2006 Mary Willis October 2008 **Denis Power** November 2009 Hilary Fowler March 2010 Joan Crombie June 2013 Margaret Murray October 2013 Peg Gellert February 2014

At the time of writing this report the Board has reviewed the organisation's Constitution. A new Constitution has been drafted, based on the Model Constitution provided for in the Associations legislation. It will be put to the 2016 AGM for approval by the membership. While the earlier document complied with the Associations Act, a requirement of incorporation, the proposed version is better laid out without any substantial changes to the provisions, but providing better clarity on how the business of the organisation should be conducted.

# **Service Agreement**

For many years AONT has relied on core funding from Northern Territory Department of Health through a Service Agreement to:

- 1. advance and disseminate knowledge and understanding of arthritis and osteoporosis.
- 2. promote healthy lifestyles and self-management to optimise health outcomes and reduce the burden of ill health on individuals, their families and carers.

Under this agreement AONT receives quarterly payments in advance and has six-monthly reporting obligations (The Performance Report) from January to June and July to December each year. These reports are in two parts: first, a written report containing statistics and details of the information and support provided, education and training (both volunteers and employees) and evidence of networks and partnerships. "What We Did During the Year" on Pages 13 to 18 is a summary of these reports.

The second part of the report is a financial statement demonstrating how funding from the Northern Territory Department of Health was spent. These reports are prepared in-house in a format required by the Department.

In November 2014 an Agreement was entered into for January 2015 to June 2017,

- to service Darwin and Palmerston areas only, with
- base funding of \$82,735.00 per annum (+ GST)

A one off Indexation payment of \$2,383.00 was made in the 2015-2016 financial year.

## **Structure and Running of the Organisation**

Volunteer efforts are integral to the long term functioning of AONT, while employees provide core support in their given areas of expertise.

### Staff to June 2016:

•	Administrative Assistant	Deirdre Moldenhauer	20 hours per week
•	Accounts and administration	Natalie Valastro	15 hours per week

### **Volunteers**

Volunteers have continued to assist with reception and other office duties as required. On any day the office is open there are usually one to three volunteers on duty.

Volunteer hours recorded for the financial year were **2112**. This is equivalent to **41** hours per week (**176** hours per month). This includes many hours outside normal office hours in:

- general administration;
- education activities:
- fundraising and networking with different people and organisations; and
- opening the office most Sunday mornings during the Rapid Creek Markets.

### **Volunteer activities outside the office include:**

- fundraising, including modelling for fashion parades;
- information stands;
- maintaining permanent information displays;
- networking with other community and government organisations;
- presentations to various forums;
- facilitating pain self-management courses; and
- support groups.

# Responsibilities assumed by volunteers (including Board members) and assisted by employees:

- mandatory reporting;
- membership database;
- community speaking engagements;
- distribution lists;
- fundraising activities (no separate fundraising committee);
- information stands;
- general administration, including reception duties, production of leaflets, printing of materials;

- grant applications & acquittals;
- network meetings, subject to availability;
- newsletter production and distribution, four per year to all members, plus complimentary mailings;
- presentations;
- records management & resource management;
- pain self-management courses;
- support groups: convening, arranging special events & guest speakers and
- volunteer recruitment & support.

## **Membership**

Membership falls due on 1<sup>st</sup> July each year and individual renewal notices are usually sent out with the September and December newsletters. At 30 June 2016 the number of memberships was 102, made up of 93 individual memberships and 9 family memberships. The membership comprises 90 females and 21 males.

Membership income really does make a difference to AONT's ability to provide services. Members have the satisfaction of helping an organisation help many others.

Membership benefits include:

- access to self-management courses;
- access to support groups;
- borrowing library;
- free or subsidised entry to AONT events;
- health advisory service and
- newsletter mail outs, four times per year.

### **Honorary Membership**

Clause 4.1.4 of our Constitution makes provision for honorary membership to be conferred "on persons who by virtue of their special qualities or otherwise could assist in achieving the objects of The Foundation". Honorary membership exempts a member from payment of subscriptions, and is reviewed at each AGM, where it may be renewed (There is no provision in the Constitution to award honorary life membership). Most Honorary memberships have been awarded to members for their significant long term volunteer contribution. Others have been awarded to Friends of AONT in recognition of their support. Honorary memberships which have been renewed at subsequent AGMs up to and including that of 2015 are as follows:

	Date conferred
Kay Brown, member volunteer	October 2007
June Proctor, member volunteer	October 2007
Maureen Archbold, member volunteer	October 2008
Sylvia Bugg, member volunteer	October 2008
Peg Gellert, member volunteer	October 2008
Ruth Garden, member volunteer	April 2010

Doreen Walton, member volunteer April 2010
Dr Mary Samuel, rheumatologist August 2011
Carly Phillips, rheumatology nurse October 2012

While the proposed new Constitution does not provide for Honorary membership, all the above members will continue to receive membership benefits as Complimentary Members.

# **Support Groups**

The role of a support group is for participants to leave these meetings feeling better than when they arrived. New faces are very welcome.

**Palmerston Arthritis Support Group** – This long established group meets on the 3<sup>rd</sup> Monday of each month at 10:00am at the Brennan Electorate Office opposite the Target store. Guest speakers and special events are usually arranged by long term convenor Sylvia Bugg. In November 2016, this group will have been running continuously for 20 years, a cause for celebration.



Anne, Flo, Margaret, Lucy, Sylvia, Greg and Del enjoying the group's celebratory lunch in September.

The Darwin based **Conversation Café** has lapsed in recent months, but with sufficient interest could be revived.

# **Grant Applications and Projects**

Once again, efforts have been made for proposed special events. Grants are always project specific, and the projects cannot be started before the funding is approved. Unfortunately, neither of our applications was successful this year, even though all selection criteria were satisfied.

### **Grant projects in 2015 - 2016:**

Grant scheme	Approved	Project	Amount	Date finalised
TIO Territory Day Grant	Unsuccessful, applied March 2016 for \$4,800	To bring past & present members together in celebration of 35 years of support to Territorians	NA	NA

City of Darwin, Community	Unsuccessful, applied June	To host a 35 <sup>th</sup> anniversary celebration (including catering & transport assistance) for	NA	NA
grants program	2016 for \$7,100	past & present members, volunteers and staff.		

## **Donations, Fund Raising and Sponsorship**

Donations and sponsorship (both unrestricted and tied) over 2015-2016 amounted to \$3,750. This income supplements our Department of Health Service Agreement income enhancing our capacity to deliver much needed services.

Thanks to the many members and non-members who have made donations, small and large, including:

- Blue Illusion, of Casuarina Shopping Square for continuing to host fashion parades and donating a percentage of subsequent sales during a 3 hour period: September 2015 and March 2016. Thanks also to our volunteers, friends and family members for participating as models.
- Lions Club of Litchfield,
- Lions Club of Darwin-Casuarina,
- Merit Partners and
- members who made donations.

### **Achievements**

## Moving with the times: www.aont.org.au and Facebook

A significant achievement this year was the reconstruction of our website. While relying on an expert for the technical aspects, it was up to the volunteers and staff in the office to thoroughly review the former website, provide updated materials, and redesign the layout and format. Training has also been undertaken by AONT personnel to enable regular updates as required. We have also created a Facebook page. On the Facebook website search for "Arthritis & Osteoporosis NT".

As well as answering queries through telephone calls, emails and visitors to the office, our volunteers welcome opportunities to reach out into the community to raise consumer awareness. An important message for those with any chronic condition, including arthritis, is to be as physically active as possible.



The Arthritis Foundation of the Northern Territory Incorporated Annual Report for 2015 - 2016



ABN 67 099 326 608

We provide information sessions to a range of audiences around town, including community groups, other non-government organisations like us, and students at Charles Darwin University. Our audiences are always appreciative, learning more about the many various conditions, the resources we have available and the role of AONT. Whenever we provide an information stand or hold an activity or education session, a supply of materials is displayed and made available to all interested.

Our stand at the Defence Community Welcome Day early 2016 at the Convention Centre. We provided some activities for the youngsters about bones and skeletons.





At the Happiness and Wellbeing Market in Raintree Park as part of the City of Darwin's Disability Awareness Festival in September 2015.

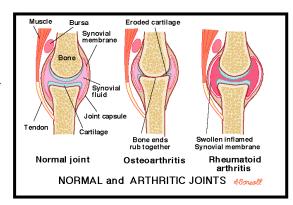
Our stand at the 2015 Chronic Diseases Network annual conference, which was manned each day. We also provided a half page advertisement in the conference program and 350 brochures to go in the conference bags which delegates received on registration.





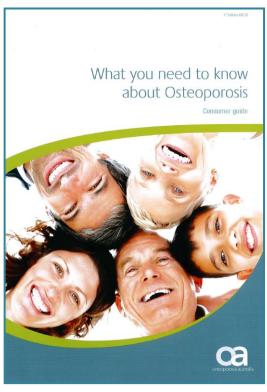
### **Arthritis information**

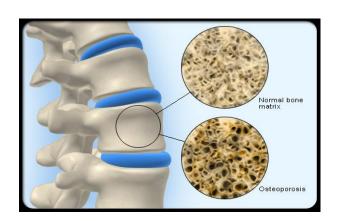
Materials developed by Arthritis Australia available at the AONT office include: arthritis information sheets and booklets which cover numerous conditions, parts of the body affected, medicines, medical management, complementary therapies and general management.



## Osteoporosis information

Call 1800 242 141 for a free copy of the booklet shown below, "What you need to know about Osteoporosis, Consumer guide". This booklet is produced by Osteoporosis Australia.





**NORMAL and OSTEOPOROTIC BONES** 

Our fundraiser fashion parade at *Blue Illusion*, Casuarina, in March: volunteer models Megan, Peg, Sue and Kristine with Vice Patron Ken Vowles (our master of Ceremonies) and manager Pauline.



# What We Did During the Year

The following information is drawn from our twice yearly reports to the Northern Territory Department of Health, as part of our Service Agreement, and provides an overview of our activities from 1 July 2015 to 30 June 2016. All activities rely on our committed and hard working volunteers and in part on AONT generated income which includes donations. Activities from July 2016 to the time of writing this report are not included in these tables but may be referred to elsewhere in the Report.

## Enquiries & information packages distributed A refers to arthritis, O refers to osteoporosis

Location	A/O	Category	Time (min)	No of	No of enquiries		Referrals	
			(11111)	Male	Female	Packs		
Darwin/ Palmerston	A	General public	858	13	47	38	Water exercise	1
1 annerston	О	General public	115		4	3	Exercise Pain management	1 16
	Undiagnosed	General public	300	6	13	3	-	
	A & O	Health Professionals	140		4	3		
Other NT	О	General public	55		7	5		
	A & O	Health Professionals	20		2	1		
Other Australia	A	General Public	25	1	1	1		
		Totals	1513	20	78	59		18



# **Consumer Education** A refers to arthritis, O refers to osteoporosis

Location	Date	Disease Category	Title of Event/Course/ Group	Туре	Attendees	Total Hours for Project including volunteer hours
	Year round	A & O	Website <u>www.aont.org.au</u>		~ 4000 Visits ~ 7000 Pageviews	160 (including ~ 125 on reconstruction)
Palmerston	Monthly	A & O	Palmerston Support Group	Support	5-8	10 per month
Darwin	Monthly	A & O	Conversation Cafe	Support	5-6	2 per month
Darwin	Weekly	A & O	Rapid Creek Sunday Market	Information	10	5 per week
Palmerston	8 July	A & O	Update of 3 permanent brochure stands: YMCA, Palmerston GP Super Clinic, Palmerston Co0mmunity Care Centre	Information	Unknown	8
Palmerston	31 July	A & O	Further update of 2 permanent brochure stands: Palmerston GP Super Clinic, Palmerston Community Care Centre	Information	Unknown	2
Darwin	3 Aug	0	Healthy Bones Week	Trial classroom activity at one primary school     Posters distributed to gyms	30	3 2
Darwin	10 Aug	A & O	Government House – morning tea	Information	35	25
Darwin	19 Aug	A & O	Seniors Week - Seniors Expo	1.Stand	~100	35
				2.Presentation	10	5
Darwin	2 Sept	A & O	Disability Awareness Festival Happiness & Wellbeing Market in Raintree Park	Information stand	~15	8
Palmerston	19 Oct	A & O	Update of 3 permanent brochure stands: YMCA, GP Super Clinic, Community Care Centre	Information	Unknown	8

Location	Date	Disease Category	Title of Event/Course/ Group	Туре	Attendees	Total Hours for Project including volunteer hours
Darwin	6 Feb	A & O	Defence Community Welcome Day stall	Information	35	25
Darwin	1 April	A & O	Presentation to Alzheimers consumer group	Information & resources	5	8
Darwin	13 April	A & O	COTA April Falls Prevention, presentation	Information & resources	12	11
Palmerston	18 April	A & O	Restock stands at GP Super Clinic, Community Care Centre, YMCA Gym	Information & resources	Unknown	8
Darwin	1 May	A	Forum re Joint Pain	Information	70	4
Darwin	3 June	A & O	COTA Seniors Expo	Information and resources	Approx 140	35
Darwin	7, 14 June	A & O	Take Charge of Pain program	Information & education	7	20
Darwin	30 June	A & O	Anglicare volunteers' orientation	Information & resources	5	5

# Health Professional Education A refers to arthritis, O refers to osteoporosis

Location	Date	Disease Category	Group	Туре	Attendees	Total Hours for Project including volunteer hours
Darwin	25 August	A & O	RDH Rehabilitation team – Allied Health, Dr Flavell	Information & resources	16	12
Darwin	22 September	A & O	CDU VET students in Cert III & IV Disability	Information & resources	12	10

Location	Date	Disease Category	Group	Туре	Attendees	Total Hours for Project including volunteer hours
Darwin	24 & 25 September	A & O	Chronic Diseases Network Annual Conference	<ol> <li>Manned information stand</li> <li>Advertising in program</li> <li>350 brochures provided for registration satchel inserts</li> </ol>	unknown	23
Darwin	11 November	A & O	CDU Aged Care students	Information & resources	15	8
Darwin	30 April to 4 May	A	Australian Rheumatology Association Conference	Arthritis Australia stall, information & resources	Unknown	25

# $\label{lem:professional} \textbf{Professional Development} - \textbf{staff and volunteers}$

Location	Date	Disease Category	Who	Туре	AONT Attendees	Total Hours for Project
Darwin	Continuing from previous period, July to Oct		Staff	Cert IV Frontline Leadership & Management	1	10 hours per week
Darwin	28 Jan	A & O	Volunteer	Multicultural framework and community funding (NT Government seminar)	1	2
Darwin	18 Feb	A & O	Volunteers	Meeting with CEO Arthritis SA	3	4
Darwin	24 May	A & O	Volunteers and staff	Website maintenance training	4	20

# **Networks and partnerships**

Location	Disease Category	Group	Description	
Darwin/Sydney	A	Arthritis Australia and state Affiliates	<ol> <li>AONT has a Member on the Council of Advice of Affiliates,</li> <li>Distribute materials produced by Arthritis Australia, Arthritis NSW, and Arthritis QLD,</li> <li>Arthritis Australia is developing an exercise program specifically for arthritis called The Joint Movement, to the development of which AONT has contributed, funded by the Federal Government.</li> </ol>	
Darwin/Sydney	О	Osteoporosis Australia	Distribute materials produced by Osteoporosis Australia	
Darwin	A	Australian Rheumatology Annual Scientific Meeting	Consumer information stand on behalf of Arthritis Australia	
Darwin	A & O	Disability Advisory Committee (City of Darwin)	Participate in Disability Awareness Festival Happiness & Wellbeing Market Provide feedback at subsequent Festival "wash-up" meeting	
Darwin	A & O	Chronic Diseases Network	Exchange information and ideas, use CDN-enews for advertising Chronic Diseases Network Annual Conference: Trade stand, advertising in program, provide satchel insert	
Darwin	A & O	Movement for Life Physio	Refer clients to drop in sessions at their hydrotherapy pool.	
Darwin	A & O	My Aged Care	Meeting with Regional Assessment Services representatives	
Palmerston	A & O	YMCA, GP Super Clinic, Community Care Centre	Permanent AONT brochure stands in all three locations restocked every two to three months	
Darwin	A & O	Casuarina Community Care	Information and resources delivered on request	
Darwin	A & O	COTA	Exchange ideas, provide information stalls (including COTA's 2016 Seniors Expo) and provide information & presentations on request	

Location	Disease Category	Group	Description
Darwin	A	Rheumatology Clinic, nurse Carly Phillips, RDH	Provide information for patients, referrals from them to us and us to them
Darwin	A & O	RDH Discharge	Information and resources delivered on request
Darwin	A & O	RDH Rehabilitation	Information and resources delivered on request following presentation
Darwin	A & O	Consumers and allied health professionals	Reception at Parliament House, 35 <sup>th</sup> Anniversary of AONT
Darwin	A & O	Movement for Life Physio	Refer clients to drop in sessions at their hydrotherapy pool.
Darwin	A & O	CDU	Provide presentations for students on request
Darwin	A & O	Anglicare NT	Provide presentations and resources on request
Darwin	A & O	Alzheimers Aust NT	Provide presentations and resources on request



## **Financial Report**

As shown in the audited financial statements for the year ended 30 June 2016 the Association has continued the use of accrual accounting to enable a meaningful financial position to be shown. This is reflected in the balance sheet and the statement of income and expenditure as shown below. The balance sheet shows:

- prepayments of \$3,548 which records insurance expenses paid in the financial year to 30 June 2016 for part of the financial year to 30 June 2017. This expense has been brought forward to show in the financial reports for the period to which it relates. The details are shown in Note 3 to the accounts.
- accrual of expenses incurred for audit and telephone not paid as at 30 June 2016. Note 5 details these amounts totalling \$2,500,
- provision for Employee Entitlements of \$8,160 as per Note 6 to the accounts records the annual leave and long service leave accrued but not taken by employees as at 30 June 2016.
- unexpended grants total of \$28,718 as detailed in Note 7 to the accounts. This is funding received for specific purposes which has not been fully expended as at 30 June 2016 and has been carried forward to the new financial year to ensure the funding is expended as required and able to be reported on correctly.
  - It should be noted that the NT Government Operational Grant has been fully expended within the year and does not fully cover the operational costs of the organisation. The balance of operational costs has been covered by previous year unexpended funds from Arthritis Australia.
  - o \$28,718 Arthritis Australia balance of funds as at 30 June 2016.

The statement of income and expenditure records an operating surplus of \$36,761 however when the unexpended grant funds are carried forward to the 2016-17 financial year there is a Net Operating Surplus of \$8,043. This operating surplus has been generated by donations, membership and bank interest and is carried forward to the Members Accumulated Funds in the Balance Sheet.

The organisation is in a reasonable financial position and retains Accumulated Funds of \$86,980 which is reflected in the Balance Sheet and covered by funds in the association bank account. These funds are available to cover operational costs of the organisation that are not fully covered by government grant funds for the 2016-17 financial year plus other unfunded areas.

The accounts have been audited by an independent auditor.

# **Special Purpose Financial Report**

This includes all income and expenditure items (Profit and Loss statement), and a Balance Sheet of all assets and liabilities, both for the full financial year. This report is prepared by an independent auditor.

# Arthritis Foundation of the Northern Territory Incorporated

SPECIAL PURPOSE FINANCIAL REPORT for the year ended 30 JUNE 2016

# ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC INDEX TO THE SPECIAL PURPOSE FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2016 Contents Page 1 Index 2 Board of Management's Statement 3-4 Independent Audit Report Balance Sheet 5 Income and Expenditure Statement 6-7 Notes to and Forming Part of the Financial Statements 8-10 Detailed Statements of Income and Expenditure NT Government Operational Grant 11 12 Minor Grant and Funding

BOARD OF MANAGEMENT'S STATEMENT FOR THE YEAR ENDED 30 JUNE 2016

In our opinion and to the best of our knowledge and belief:

(a) The accompanying financial report as set out on pages 5 to 12, being a special purpose financial report, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2016 and the results of the Association for the year ended on that date;

(b) The accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and

(c) The Board has reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

(a) The name of each committee member of the association during the financial year were:

President: Denis Power
Public Officer: Ruth Garden
Vice-President: Peg Gellert
Treasurer: Ruth Garden
Secretary: Hilary Fowler
Non-Executive members:

Charles Atherton, Joan Crombie, Margaret Murray, Mary Willis.

(b) The principal activities have not altered from previous years and are: public and individual education and advocacy in the area of arthritis and osterporosis treatment and management.

The net result of the association for the year was \$8,043 (2015: of \$24,548).

President

Secretary

H.J. Fowler

Darwin

Date: 9-8-16



Independent auditor's report to the members of Arthritis Foundation of the Northern Territory Incorporated

We have audited the accompanying financial report, being a special purpose financial report of Arthritis Foundation of the Northern Territory Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2016 and the statement of income and expenditure for the year then ended, a summary of significant accounting policies, other explanatory notes and the Board of Management's statement.

### The Responsibility of the Board of Management for the Financial Report

The Board of Management of the Association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the Associations Act and are appropriate to meet the needs of the members. The Board of Management's responsibility also includes establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances. These policies do not require the application of all Accounting Standards and other mandatory financial reporting requirements in Australia.

### Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board of Management, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Level 2, 9 Cavenagh Street Darwin NT 0800 GPO Box 3470 Darwin NT 0801 +61 8 8982 1444 meritpartners.com.au ABN 16 107 240 522 Liability limited by a scheme approved under Professional Standards Legislation

#### Independence

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

### Auditor's Opinion

In our opinion, the financial report presents fairly, in all material respects, the financial position of Arthritis Foundation of the Northern Territory Incorporated as of 30 June 2016 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements.

### Basis of Accounting and Restriction on Distribution

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Arthritis Foundation of the Northern Territory Incorporated to meet the requirements of the Associations Act and the Association's constitution. As a result, the financial report may not be suitable for another purpose. Our report is intended solely for Arthritis Foundation of the Northern Territory Incorporated and should not be distributed to parties other than Arthritis Foundation of the Northern Territory Incorporated.

Merit Partners

Merit Partners

MunLi Chee Director

Darwin

9 August 2016

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### BALANCE SHEET AT 30 JUNE 2016

AT 30 JUNE 2016			
		30 June 2016	30 June 2015
•	Notes	\$	\$
OF THE PARTY AND THE			
CURRENT ASSETS	0	104 266	142.060
Cash and bank	2	124,366	143,960
Prepayments	· -	3,548	3,200
NON CUIDDENT ASSETS	_	127,914	147,160
NON CURRENT ASSETS Property, plant and equipment			
Property, plant and equipment	-		
TOTAL ASSETS	_	127,914	147,160
	_		
CURRENT LIABILITIES			
Payables	4	1,556	5,921
Accruals	5	2,500	2,100
Provision for employee entitlements	6	7,421	5,564
Unexpended grants	7 _	28,718	54,225
		40,195	67,810
NON CURRENT LIABILITIES			
Provision for employee entitlements	6	739	413
TOTAL LIABILITIES	_	40,934	68,223
	_		
NET ASSETS	=	86,980	78,937
MEMBERS FUNDS			
Balance at the beginning of the year		78,937	54,389
Current Year Surplus/(Deficit)		8.043	24,548
Accumulated Funds	-	86,980	78,937
	=		

The Balance Sheet should be read in conjunction with the notes to and forming part of the financial statements.

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### STATEMENT OF INCOME AND EXPENDITURE

FOR THE YEAR ENDED 30 JUNE 2016

		30 June 2016	30 June 2015
	Notes	. \$	\$
INCOME			
Grant Income			
Unexpended Grants B/Fwd		54,225	41,616
NT Government Grant - Operational		85,118	. 82,735
NT Government Grant - Non-recurrent		-	1,500
Other		-	71,125
Total Grant Income		139,343	196,976
Non-grant Income			
Memberships		1,773	2,061
Fundraising		3,920	5,618
Interest Received		1,931	2,598
Course Fees		418	538
Arthritis Australia		-	18,501
Total Non-grant Income		8,042	29,316
TOTAL INCOME		147,385	226,292
EXPENDITURE			
Audit & Accounting		4,463	4,260
Advertising & Promotion		11,505	7,697
Education Materials		779	-
Bank charges incl Merchant fees		417	442
Newsletter, Publication & Information Resources		412	1,293
Business Lodgement Permits & fees		89	84
Client Support Services		-	929
Memberships		68	64
Computer Software, IT Support		2,389	2,178
Consultancy Fees		-	382
Electricity		1,729	1,788
General Administration		5,250	2,586
Insurance - General & Workers Comp		3,977	3,932
Photocopying		2,058	1,805
Printing, Stationery & Postage		958	1,329
Program Coordination NLEP		-	21,433
Rent		20,216	21,875

The Statement of Income & Expenditure should be read in conjunction with the notes to and forming part of the financial statements.

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### STATEMENT OF INCOME AND EXPENDITURE

FOR THE YEAR ENDED 30 JUNE 2016

		30 June 2016	30 June 2015
	Notes	\$	\$
EXPENDITURE (CONT)			-
Repairs & Maintenance & Minor Equipment		580	3,533
Staff / Volunteers Training		-	510
Salary & Wages		44,833	53,626
Superannuation		4,259	5,095
Employee Entitlements Movement		2,183	1,557
Staff Amenities		109	186
Telephone		3,535	3,362
Travel		227	5,883
Volunteer & Member		292	1,628
Work Health Safety		296	62
TOTAL EXPENDITURE		110,624	147,519
Operating Surplus		36,761	78,773
Unexpended Balances Carried Forward			
Unexpended Grants Carried Fwd		28,718	54,225
Balances Carried Forward		28,718	54,225
Net Operating Surplus/(Deficit)		8,043	24,548

The Statement of Income & Expenditure should be read in conjunction with the notes to and forming part of the financial statements.

### NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

#### 1. SUMMARY OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in the understanding of the financial report. These policies have been consistently applied except as otherwise indicated.

### (a) Financial Reporting Framework

The Association is not a reporting entity because in the opinion of the Board there are unlikely to exist users of the financial report who are unable to command the preparation of reports tailored so as to satisfy specifically all of their information needs. Accordingly, this "special purpose financial report" has been prepared to satisfy the Board's reporting requirements under the Constitution and the Associations Act NT. The Association is a not-for-profit entity.

The financial report has been prepared on an accruals and is basis of historical cost and except where stated, does not take into account changing money values or current valuations of non-current assets.

### (b) Depreciation of Property, Plant and Equipment

Items of property, plant and equipment with a cost of \$5,000 and over (if any), are depreciated over their estimated useful lives using the straight line method. Other minor items of equipment are expensed.

### (c) Employee Entitlements

The amount expected to be paid to employees for their pro-rata entitlements to long service and annual leave is accrued annually at current wage rates.

Sick leave is accrued in the payroll system but not provided for in the accounts, sick leave is non-vesting.

A provision for long service leave is recorded on a pro-rata basis and is measured at current rates and classified as both current and non-current liability as applicable.

### (d) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables are recognised inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of receivables or payables.

### (e) Government Grants

Grants are recognised as revenue in accordance with the year in which the service to which they relate is performed. Grants received or receivable in respect of services that will be provided in future years, are treated as a liability. The portion of grants unspent at year end, is transferred to current liabilities as unexpended grants and carried forward to the next financial year.

### (f) Income Tax

The Association is exempt from income tax.

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NOT	ES TO AND FORMING PART OF THE FINANCIAL STATEMENTS		
	THE YEAR ENDED 30 JUNE 2016		
		30 June	30 June
	*	2016	2015
		\$	\$
2.	CASH AND BANK		
	Petty Cash	40	4
	CBA Operating Account	733	97
	Net Bank Online Saver	123,593	142,94
	_	124,366	143,96
	-		
3.	PREPAYMENTS		
	Insurance - General	3,411	3,05
	Insurance- Workers Compensation	137	14
	=	3,548	3,20
4.	PAYABLES - CURRENT		
	Accounts Payable	-	45
	ATO - GST	660	4,91
	ATO - PAYG	896	56
	_	1,556	5,92
_	ACCRUALS		
э.	Audit Fees (net)	2,200	2.10
	Telephone	300	2,10
	- Les provides	2,500	2,10
6.	PROVISION FOR EMPLOYEE ENTITLEMENTS CURRENT		
	Annual leave	3,148	1,71
	Long Service Leave	4,273	3,85
	_	7,421	5,56
	NON-CURRENT		
	Long Service Leave	739	41
	Total Provision for Employee Entitlements	8,160	5,9

# NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

30 June 30 June 2016 2015

### 7. UNEXPENDED GRANT

Arthritis Aust - National Local Exercise Program

28,718 54,225 28,718 54,225

### 8. GOING CONCERN

During the year the Association received grant funds from government departments and other funding bodies. The Association also conducted fund raising activities and received donations. The future operations of the Association depends on the continuation of these income sources.

### 9. SUBSEQUENT EVENTS

There are no known subsequent events that affect the financial position of the organisation as at 30 June 2016.

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DETAILED STATEMENT OF INCOME AND EXPENDITURE

### OPERATIONAL NT GOVERNMENT GRANT

Period 1 July 2015 to 30 June 2016

	Actual	Budget
	\$	\$
INCOME		
NT Government Grant	85,118	82,735
TOTAL INCOME	85,118	82,735
EXPENSES		
Operational		
Audit Fees	3,963	3,600
Educational Materials	779	-
Advertising & Promotion / Newsletter	1,636	1,330
Arthritis Australia Administration Fee	4,000	4,000
Bank Charges	417	400
Electricity	1,602	1,440
Fees & Permits	89	80
IT Support	765	760
Insurance incl Workers compensation	3,977	4,000
Repairs & Maintenance & Minor Equipment	384	380
Work Health Safety	297	400
Staff/Volunteer Amenities	314	300
Staff Superannuation	3,683	3,705
Staff Wages	40,845	39,200
Provision for Employee Entitlements- Movement	2,183	800
Training, Travel & Accommodation	227	380
Postage & Freight	410	400
Photocopying & Newsletter	432	380
Printing & Stationery	390	380
Rent Office & Outgoings	15,490	17,600
Telephone	3,235	3,200
TOTAL EXPENSES	85,118	82,735
Operating surplus		-

DETAILED STATEMENT OF INCOME AND EXPENDITURE		
AONT SELF GENERATED FUNDS	Actual	
Period 1 July 2015 to 30 June 2016	\$	
INCOME		
Donations & Gifts	3,750	
Advertising Income	170	
Membership Fees	1,774	
Course Fees	418	
Bank Interest	1,931	
TOTAL INCOME	8,043	
EXPENSES		
TOTAL EXPENDITURE	-	
Net Result	8,043	
DETAILED STATEMENT OF INCOME AND EXPENDITURE		
ARTHRITIS AUST - NATIONAL LOCAL EXERCISE PROGRAM Period 1 July 2015 to 30 June 2016	Actual	Budge
renod 1 odly 2013 to 30 odne 2010	\$	\$
INCOME	ī	<u> </u>
Unexpended funds brought forward	54,225	54,2
Grant		
TOTAL INCOME	54,225	54,2
EXPENDITURE		
Administration Fees	1,250	1,0
Accounting & Audit	500	9
Advertising & Promotion	9,868	2,1
Bank Charges/Fees & Permits	-	1
Electricity	128	3
IT Support	1,623	1,2
Insurance incl Workers Compensation	-	1,0
Repairs-Maint & Minor Equipment	197	6
Work Health Safety	-	1
Staff Amenities/ Volunteer	85	5
Photocopying / Newsletter	2,039	6
Printing / Stationery & Postage	158	7
Office Rent	4,726	4,4
Subscriptions/Memberships	68	1
Telephone	300	8
Training, Travel & Accommodation	-	6
Employee Entitlements	-	2
Wages & Salaries	3,988	9,8
Superannuation	577	9
TOTAL EXPENDITURE	25,507	26,2
Operating Surplus	28,718	27,9
Unexpended grant funds taken to Balance Sheet as a		
Current Liability	28,718	27,9

Net Result