

The Arthritis Foundation of the Northern Territory Incorporated
Trading as Arthritis & Osteoporosis NT

Annual Report
July 2020 – June 2021

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facebook.com/arthritis.osteoporosis.nt

Introduction

Welcome to the Annual Report of The Arthritis Foundation of the Northern Territory Incorporated for the year ending 30th June 2021. It is designed to meet the requirements of the organisation's Constitution and the Associations Act. It contains all information required for the Annual Report to the Australian Charities and Not-for-profit Commission. For the year ending June 2021, the Board has performed all Management Committee functions.

The Foundation has a number of business names, the most often used being Arthritis & Osteoporosis NT (AONT). In keeping with this practice "AONT" will be used throughout this document.

AONT is primarily an organisation for the benefit of, and services to, people with arthritis and osteoporosis. These services may also have relevance to people affected by some other musculoskeletal conditions.

Board Report

This Board Report presents to the Annual General Meeting (AGM) what we were able to achieve in the last financial year and how we coped with the problems presented by COVID19.

We continue to adhere to COVID guidelines and appreciate how fortunate we have been in the NT with very few days closed and few restrictions on everyday activities. Unfortunately some activities in which we would have participated were cancelled due to COVID e.g. the Defence Community Organisation annual Welcome Day in February and since early 2020 we have had no permanent display stands in Palmerston.

A major setback experienced in January was serious flooding of the office from the blocked roof gutter at the rear of the building. The office was awash and some of the furniture damaged. All the contents of cupboards, filing cabinets and other storage units had to be packed and relocated to facilitate cleaning of the office. All the furniture except the desks was moved out to neighbouring empty offices, which were made available to us. Once the carpet was cleaned and dried we gradually moved everything back into the office over a period of several months, while also taking the opportunity to cull obsolete records and materials. All of this was a mammoth undertaking and we would like to thank Natalie, our bookkeeper, as well as Ruth Garden and her family for coordinating and facilitating the packing up, moving, and cleaning, as well as repair of some fittings. Other than re-opening only one week later after the Christmas and New Year closure, we maintained our service delivery throughout this difficult time.

As always we continue to deal with enquiries as they arise on a day-to-day basis and have distributed a considerable number of booklets and information sheets on both arthritis and osteoporosis (see [Enquiries and information packages distributed, p 13](#)).

The Palmerston Support Group is one of our most successful outreaches to the public in Palmerston and the rural area. It is wonderful that this Group has continued, and even grown during COVID. We are proud to congratulate the group on its recent 25th anniversary (see [Support Groups p.8](#)).

An important part of our outreach is our Newsletter which has been published bimonthly over the last twelve months. As well as a range of relevant and interesting articles, we include important

information for members such as advice from the Australian Rheumatology Association on COVID immunisations and vaccines for people with various types of arthritis.

Cooperation with other organisations in order to carry out our mission as effectively as possible is another vital part of our activities. As our national body, Arthritis Australia supplies almost all our materials and brings together the arthritis organisations throughout Australia as affiliates, to work together and enhance the work we all do. In this role Secretary, Hilary Fowler, and Treasurer, Ruth Garden, are regularly involved in Zoom meetings with other affiliates and CEOs. With no CEO in our structure, the Board performs the function of both governance and operations management.

We are also involved with local organisations and participate in their activities when possible (see **Networks and Partnerships pp. 13-15**).

The Joint Movement exercise program (funded by a grant from the Federal Government through SportAus) has now concluded and we are hopeful that many of the people who participated and were new to regular exercise will continue in the future. We would like especially to thank our Treasurer Ruth Garden for her expertise and time in liaising with the exercise providers and reporting to Arthritis Australia. **For a brief summary, see p 10**

We have not had a President since February 2021 and no present Board Members have been able to make this additional commitment. While there is sufficient experience and skills on the Board to ensure we meet all our Service Agreement and legal obligations, it is preferable to have this position filled, as well as have more representation from our membership. The President's role need not be onerous. It mainly involves chairing the monthly Board Meetings (currently we meet on the third Wednesday of every month in the office at 4.00 pm and the meeting usually lasts one to one and a half hours). There are occasions when the President is invited to represent the organization at official events such as a reception at Government House. The current Board looks forward to a "new face" putting up his or her hand, *at any time during the year*, and would provide full support.

Our grateful thanks to all the staff and volunteers who make our work possible, including all the volunteer Board Members. In particular the Board thanks Ruth Garden (Treasurer) and Hilary Fowler (Secretary) who do the major part of the weekly work in the office assisted by our two part-time employees, bookkeeper Natalie Valastro, and administrative assistant, Deirdre Moldenhauer.

Finally appreciative thanks also to:

- the NT Government whose recurrent funding is fundamental to our existence;
- all our members who are fundamental to the organization;
- all those who have made donations, both members and non-members whose support is both encouraging and important;
- and all those who show an interest in our work and invite us to participate in community outreach.

Governance

As an organisation incorporated under the NT Associations Act, the Board has the responsibility of running the organisation, with authority to employ persons as necessary and viable. We first became incorporated in July 1983. Being an incorporated association and a registered Not-for -

Profit, the Board has a legislative responsibility to report annually to the Australian Charities and Not-for-profit Commission (ACNC).

Thanks to recurrent NT Government funding, we are able to maintain an office in the Rapid Creek Business Village, with modest staffing levels. However, volunteer involvement is crucial to the viability of the organisation, with weekly volunteer hours often exceeding that of employee hours. Note that all Board positions are also voluntary.

The Board

As at 30 June 2021 the AONT Board comprised:

President	Vacant
Vice President	Margaret Murray
Secretary	Hilary Fowler
Treasurer & Public Officer	Ruth Garden
Ordinary Members	Anne Coutts, Amin Islam

They first joined the Board:

Margaret Murray	October 2013
Hilary Fowler	March 2010
Ruth Garden	February 2006
Anne Coutts	November 2019
Amin Islam	November 2020

From 1 July 2020 until the 2020 AGM on 2nd November, the Board comprised:

President	Joan Crombie
Vice President	Margaret Murray
Secretary	Hilary Fowler
Treasurer & Public Officer	Ruth Garden
Ordinary Members	Anne Coutts, Charles Atherton

Long term Board member Charles Atherton (from October 2006) was President from December 2020 until relocating interstate in February 2021.

The Board meets monthly and its members maintain regular contact with each other and with staff. Other Board meetings are called as needed to deal with specific matters. Some of our Board members are also regular office volunteers heavily involved in service delivery.

Our Secretary Hilary Fowler sits on the Council of Advice to Arthritis Australia. Either Hilary or Treasurer Ruth Garden acts as our Honorary CEO, attending regular Zoom meetings with other states and Arthritis Australia throughout the year to our mutual benefit.

Our Constitution requires election at the Annual General Meeting (AGM) of office bearers: President, Vice-President, Treasurer, Secretary, and a minimum of two and no more than ten ordinary members. The Public Officer is appointed by the Board from its members. Throughout the year, the Board has authority to appoint a member at any time to fill a vacancy arising, whether office bearer or ordinary member, and any person so appointed shall hold office until the following AGM. For example, our newest Board Member, Ruth Quinn, was appointed in September this year.

Service Agreement

For many years AONT has relied on core funding from the Northern Territory Department of Health through a Service Agreement to serve the Darwin and Palmerston regions.

The terms of the Agreement require AONT to:

1. advance and disseminate knowledge and understanding of arthritis and osteoporosis and
2. promote healthy lifestyles and self-management to optimise health outcomes and reduce the burden of ill health on individuals, their families and carers.

In 2017 a new Agreement was entered into for the period July 2017 to June 2022 with base funding. Since an indexation payment in June 2019, the base funding is now \$90,673 per annum. It should be noted that activities outside the greater Darwin area are not supported by the Agreement funding.

Under this agreement AONT receives quarterly payments in advance and has six-monthly reporting obligations (The Performance Report) from January to June and July to December each year. Details of the information and support provided, education and training (both volunteers and employees) and evidence of networks and partnerships are provided. **Achievements** commencing on Page 9 is a summary of these reports.

Financial statements demonstrate how funding from the Northern Territory Department of Health was spent. These reports are prepared in-house in the Standard Chart of Accounts format required by the Department. A condition of the Service Agreement is that all Government funds are fully expended at the end of the Agreement term. To this end, AONT has followed the practice of ensuring that all such funds are spent and acquitted at the end of each reporting period. We are also required to provide to the Department a copy of the Annual Special Purpose Financial Report prepared by our auditor.



Structure and Running of the Organisation

The office continues to be open from 9:30am to 2:00pm Monday to Thursday. Between the volunteers and paid staff there are usually at least two people in the office each day. There are occasional days when the office is late in opening or early in closing due to unavailability of personnel.

Volunteer efforts are integral to the long term functioning of AONT, while employees provide core support in their given areas of expertise.

Staff to June 2021

- | | | |
|-------------------------------|---------------------|-------------------|
| • Administrative Assistant | Deirdre Moldenhauer | 20 hours per week |
| • Accounts and administration | Natalie Valastro | 15 hours per week |

Natalie has been with us since early 2006, and Deirdre joined us in April 2014. Natalie and Deirdre are core personnel within our organisation and highly valued for their reliable support and willingness to go outside normal work parameters to assist our volunteers.

Volunteers

On any day the office is open there are usually one to three volunteers on duty.

Volunteer time recorded for the financial year was 1293 hours. Overall, the average number of weekly volunteer hours for the year excluding the Christmas New Year closure was 27 (or 118 hours per month). This includes many hours outside normal office hours in:

- general administration;
- education activities;
- fundraising and networking with different people and organisations.

Responsibilities assumed by volunteers (including Board members) and assisted by employees:

- website and facebook page maintenance;
- mandatory reporting;
- membership database;
- community speaking engagements;
- distribution lists;
- information stands;
- general administration including reception duties, production of leaflets, printing of materials;
- assessment of grant opportunities;
- network meetings, subject to availability;
- newsletter production and distribution, up to six per year to all members, plus complimentary mailings and emails when appropriate;
- presentations;
- records management and resource management;
- pain self-management courses;
- support groups: convening, arranging special events and guest speakers;
- volunteer recruitment and support.

Volunteer activities outside the office include:

- networking with other community and government organisations;
- presentations to various forums;
- facilitating pain self-management courses;
- support groups.

Membership

Membership falls due on 1 July each year and individual renewal notices are usually sent out after then with the newsletters. At 30 June 2021 the number of memberships was 69, including 4 family memberships, comprising 62 females and 11 males. There were 5 new memberships during the financial year.

Membership income really does make a difference to AONT's ability to provide services. Members have the satisfaction of helping an organisation help many others and should be proud of their contribution to this purpose.

Membership benefits include:

- access to self-management courses;
- free or subsidised entry to AONT events;
- access to support groups;
- borrowing library;
- health advisory service;
- newsletter mail-outs, six times per year.



Support Groups

The role of a support group is for participants to leave these meetings feeling better than when they arrived. New faces are very welcome.

Palmerston Arthritis Support Group: This long established group meets on the third Monday of each month at 10:00am at the Brennan Electorate Office opposite the Target store. At the time of writing this report the group has just celebrated their 25th anniversary. This group is a wonderful example of enduring friendships and thanks go to convenor Anne Coutts, who usually arranges guest speakers, special events and activities.



Donations, Fund Raising and Sponsorship

Donations and sponsorship (both unrestricted and tied) over 2020-2021 amounted to \$5,072. Along with membership income these funds are essential to our capacity to deliver much needed services as the Service Agreement income is insufficient to completely cover operating costs. No major fundraising events were held during the year.

Thanks go to:

1. Arthritis Australia for supporting our participation in national promotional campaigns,
2. Merit Partners,
3. AONT members who made donations,
4. Non-members who made donations, including:
 - Berry Springs Tavern and their patrons,
 - Seniors of Excellence NT Inc.
 - Filipiniana Senior Citizens Association.

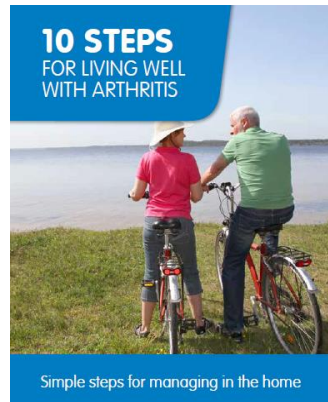
Achievements

Much of AONT's work is disseminating information in response to requests through: telephone calls, emails, visits to the office, presentations to various audiences, and information stands at community events. Our shop front windows provide opportunities for educational displays and notice of relevant community events. During this financial year our permanent brochure stands in Palmerston had to be removed as a precautionary measure due to the COVID-19 management. It is unfortunate that this pro-active approach to make information more readily available to the general public has been curtailed.



Arthritis information

Materials developed by Arthritis Australia available at the AONT office include: arthritis information sheets and booklets which cover numerous conditions, parts of the body affected, medical management, complementary therapies and general management.



Osteoporosis information

Developed by Healthy Bones Australia, the booklet "Bone Health Explained" is available from the office. Call in to pick up a copy or ring 8948 5232.



The Joint Movement[®] July 2019 to June 2021

Developed to encourage older Australians to become more active, this exercise program was designed specifically for those experiencing arthritis-related symptoms. There was a choice between a land based program and a warm water exercise program, both 12 session courses. Delivery of the program was entirely outsourced to long established exercise providers:

- Maria Lennartz of Get Physical Fitness & Squash, Alice Springs
- Sue Shepherd of Inside Out Fitness, Darwin
- Bodyfit NT, Darwin
- Nikki Higgins of FitnutzH2O, Darwin.

They all did an amazing job with recruitment, course delivery and retention of participants.

Overall, we had 120 unique participants enjoy the benefits of this introductory exercise program. Another 13 re-enrolled to further develop fitness and confidence. A satisfying measure of success is the number of participants who have transitioned to mainstream programs.

The following tables are drawn from our twice yearly reports to the Northern Territory Department of Health, as part of our Service Agreement, and provide an overview of our activities from 1 July 2020 to 30 June 2021. All activities rely on our committed and hardworking volunteers and in part on AONT generated income which includes donations.

Consumer Education *A refers to arthritis, O refers to osteoporosis*

Location	Date	Disease Category	Title of Event/Course/ Group	Type	Attendees	Total Hours for Project including volunteer hrs
	Year round Facebook	A & O A & O	Website www.aont.org.au aont.org.au/facebook		Visits ~730 Page views ~1850	130
Darwin	Year round	A & O	Shop front window displays	Promotion & large format display of: <ol style="list-style-type: none"> 1. materials available through AONT 2. arthritis management info 3. osteoporosis management info 	Unknown	120

Location	Date	Disease Category	Title of Event/Course/ Group	Type	Attendees	Total Hours for Project including volunteer hrs
Darwin	Year round	A & O	Shop front window Community noticeboard	Promotion of programs and services etc relevant to healthy lifestyle choices	Unknown	80
Palmerston	Monthly	A&O	Palmerston Support Group	Support for members	7-9	8 per month
Coconut Grove	1 st July start – continuing from June	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	5 sessions twice weekly warm water classes with post assessment	19	8
Darwin	12 th & 19 th Aug	A & O	Pain management course, “Take Charge of Pain”	Information, education	8	16
Coconut Grove	2 nd Sept start	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	10 sessions twice weekly warm water classes with pre & post assessment	11	AONT project management hours = 8
Alice Springs – 2 concurrent courses	3 rd Sept start	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	10 sessions of twice weekly land based classes with pre- and post- assessments	10	AONT project management hours = 20
	4 th Sept	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	10 sessions of twice weekly land based classes with pre- and post- assessments	9	
Darwin	23 rd & 30 th Sept	A & O	Pain management course, “Take Charge of Pain”	Information, education	3	11
Coconut Grove	28 th Oct start	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	10 sessions twice weekly warm water classes with pre & post assessment	19	AONT project management hours = 15
Darwin	2 nd November	A & O	Presentation to Filipiniana Senior Citizens Association	Information & resources	30	7

Location	Date	Disease Category	Title of Event/Course/ Group	Type	Attendees	Total Hours for Project including volunteer hrs
Darwin	4 th June	O	“Healthy Bones” info stand	High School Healthy Living Expo: Information, education	30	9
Leanyer	10 th March start	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	10 sessions of weekly land based classes, with pre- and post-assessments	5	AONT project management hours = 15
Alice Springs	2 nd March start	A & O	The Joint Movement – Better Ageing Funded entirely by Sport Aus & Arthritis Australia grants	10 sessions of twice weekly land based classes with pre- and post- assessments	10	AONT project management hours = 15

Enquiries & information packages distributed

Location	A/O	Category	Time (min)	Male	Female	Information Packs	Referrals
Darwin/ Palmerston	A	General public	1385	23	54	61	Pain Management 19
	O	General public	275	13	13	12	Water Exercise 9
	Undiagnosed	General public	35	1	1		Support Group 5
Other NT	A	General Public	55	3			Exercise 17
Other	A	General Public	55	1			Hand physio 6
							GP 2
							Rheumatologist 1
			1805	41	68	73	59

Professional Development – staff and volunteers

Location	Date	Disease Category	Who	Type	Attendees	Total Hours for Project
Darwin	12 August start	A	Staff, Administrative Assistant	Online “Arthritis Essentials” a component of “Management of Musculoskeletal Conditions”	1	~ 30
Darwin	3 September	A&O	Volunteer, Board member	Info session: My Community Directory +Dairy	1	2
Darwin	17 March	A	AONT Secretary	Arthritis Australia (AA) Council of Advice Zoom	1	3
Darwin	29 March	A	AONT Secretary	AA Meeting of Affiliates with AA President to discuss the future direction of AA	1	4
Darwin	30 March	A	Treasurer attending as Honorary CEO	AA CEO’S Zoom	1	3
Darwin	2 May	A	Secretary attending as Honorary CEO	AA CEO’s Zoom	1	3
Darwin	16 June	A	AONT Secretary	AA Council of Advice Zoom	1	3
Darwin	29 June	A	Treasurer attending as Honorary CEO	AA CEO’s Zoom	1	3

Networks and partnerships

Location	Disease Category	Group	Description
Darwin / Sydney	A	Arthritis Australia and state Affiliates	<ol style="list-style-type: none"> 1. Continuing promotion of Arthritis AA’s newly released website: MyRA, a patient-support website for those with Rheumatoid Arthritis (RA) 2. Continuing participation in nationwide radio awareness campaign, re COVID-19 and RA management/medications Project funded entirely by AA and AONT discretionary income 3. Participation in AA Outbound Call project, providing support to those affected by any form of inflammatory arthritis. Project supported by AA funding 4. Continuing collaboration in implementation & outsourcing of “The Joint Movement”

Location	Disease Category	Group	Description
			<p>exercise program through a Better Ageing grant. <i>Funded entirely by Sport Aus & Arthritis Australia grants</i></p> <p>5. AONT has a representative on the Council of Advice of Affiliates of Arthritis Australia, Zoom meeting as required</p> <p>6. AONT has a representative at meetings and teleconferences of CEOs of other state Arthritis organisations</p> <p>7. Distribute materials produced by Arthritis Australia, Arthritis NSW and Arthritis QLD</p>
Darwin / Sydney	O	Healthy Bones Australia (formerly Osteoporosis Australia)	<p>1. Distribute materials produced by Healthy Bones Australia</p> <p>2. Collaboration with regard to consumer directed information</p>
Darwin & Palmerston	A	Autoimmune Resource & Research Centre	<p>1. Distribute materials on autoimmune conditions relevant to arthritis sufferers</p> <p>2. Promotion of new support forum in Darwin, “Café Conversation”</p>
Darwin	A	Rheumatology, Allergy, Immunology Nurse, Specialist Clinic RDH	Provide information for patients, referrals from them to us and us to them
Darwin / Sydney	A & O	University of Sydney researchers	Promotion of on-line support for people recovering current episodes of back pain: TEXT4myBACK
Darwin / Sydney		University of NSW, Sydney	Promotion of research opportunity for older adults: exercise and knee health
Darwin	A & O	My Community Directory + Diary	Information session to raise profile of AONT through digital media and promote greater public awareness of information & support available.
Darwin	A & O	Seniors of Excellence NT	Promotion & awareness of AONT at Annual awards ceremony
Darwin	A & O	Fitnutz H2O	Collaboration re delivery of “The Joint Movement” an exercise program developed by Arthritis

Location	Disease Category	Group	Description
			Australia. <i>Project funded entirely by Arthritis Australia Grant</i>
Alice Springs	A & O	Get Physical Fitness & Squash;	Collaboration re delivery of “The Joint Movement” an exercise program developed by Arthritis Australia <i>Project funded entirely by Arthritis Australia Grant</i>
Darwin	A & O	Inside Out Fitness	Collaboration re delivery of “The Joint Movement” an exercise program developed by Arthritis Australia <i>Project funded entirely by Arthritis Australia Grant</i>
Darwin	A & O	Bodyfit Allied Health	Collaboration re delivery of “The Joint Movement” an exercise program developed by Arthritis Australia <i>Project funded entirely by Arthritis Australia Grant</i>
Darwin	A & O	Medicines & Poisons, NT Dept Health	Collaboration in promotion of NT Script to members & general public
Darwin / Victoria	A	Scleroderma Australia	Month long NT Promotion of World Scleroderma day 29 th June
Darwin	A & O	Litchfield CWA	Informal meeting with CWA committee member re mutual support
Darwin	A & O	Tracks Dance	Collaboration, promoting participation in over 60s dance troupe as an exercise option
Darwin	AA	Darwin High school	“Healthy Bones” info stall at school Healthy Living Expo for Years 10 to 12 students;
Darwin	A & O	Cancer Council	Informal meeting re AONT promotion of, and involvement with, Cancer Council support groups

Small grant applications and projects

Efforts are made to source additional funds to maintain and improve services. Grants are always project specific, and cannot be made retrospectively to cover unforeseen expenses. Recent changes to the NT Community Benefit Fund grant program allow for applications to be made at any time.

Grant	Date Submitted	Project	Amount	Date of project, Date finalised
NTG Community Benefit Fund	24 th May 2021	1. replacement computers 2. storage cupboard	1. \$6,619.90 2. \$376.37	Commenced June 2021, yet to be finalised

Living with arthritis or osteoporosis, like any chronic condition, is not easy. Finding the right balance takes knowledge, commitment and often the help of others.

Visit us:

- at our office at Rapid Creek Business Village (pictured here)
- www.aont.org.au or
- on Facebook: Arthritis & Osteoporosis NT—Home/Facebook



Treasurer's Report

As shown in the audited financial statements for the year ended 30 June 2021 the Association has continued the use of accrual accounting to enable a meaningful financial position to be shown. This is reflected in the balance sheet and the statement of income and expenditure as shown below.

The balance sheet shows:

- accrual of expenses incurred and not paid as at 30 June 2021 amounting to \$20,665. These are: a \$3,470 ATO liability, net audit fees of \$2,200, provision for employee entitlements of \$8,134, details of which are shown respectively in Notes 4, 5 and 6 to the accounts (page 8 of the Financial Report), and \$6,861 of unexpended grants.
- unexpended grants are detailed in Note 7 (page 9 of the Financial Report). This \$6,861 is made up of: Arthritis Australia 1800 infoline upgrade - \$500, and NT Community Benefit Fund grant for computer & storage upgrades – \$6,361.

It should be noted:

1. The NT Government Operational Grant has been fully expended within the year (page 10 of the Financial Report) and does not fully cover all operational costs of the organisation. The balance of operational costs, \$15,918 has been covered by AONT self generated funds, derived largely from membership income, donations, bank interest, and a small Arthritis Australia promotional project (page 11 of the Financial Report).
2. The Statement of Income and Expenditure records an operating loss of \$46 met from accumulated reserves (page 5 of Financial Report).
3. Delivery of “The Joint Movement” exercise classes was entirely outsourced and funded by the Better Ageing grant from the Australian Sports Commission to Arthritis Australia. All funds were fully expended by 30 June 2021 (page 11 of the Financial Report).
4. The income of the AONT self generated funds benefitted from a final \$5000 instalment of a Cash Flow Boost from the Australian Taxation Office, as part of support to non-government agencies during the COVID-19 pandemic. Funds were also received from Arthritis Australia as part reimbursement for expenses of a radio awareness campaign developed by Arthritis Australia late in the previous financial year.

The organisation is in a reasonable financial position and retains Accumulated Funds of \$101,004 which is reflected in the Balance Sheet and covered by funds in the association bank account. These funds are available to cover operational costs of the organisation that are not fully covered by government grant funds, plus any other unfunded areas. The Board appreciates that long term reliance on accumulated funds to meet shortfalls is not sustainable, and continues to give much consideration to ways of increasing income.

Thank you to the many members and friends of AONT who have made donations.

Ruth Garden
Treasurer

Special Purpose Financial Report

This report includes all income and expenditure items (Profit and Loss statement), and a Balance Sheet of all assets and liabilities, both for the full financial year. The report is prepared by an independent auditor and is reproduced in the following pages. This concludes the Annual Report for 2020-2021.

Arthritis Foundation of the Northern Territory Incorporated

*SPECIAL PURPOSE FINANCIAL REPORT
for the year ended
30 JUNE 2021*

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC**INDEX TO THE SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2021**

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ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC
BOARD OF MANAGEMENT'S STATEMENT
FOR THE YEAR ENDED 30 JUNE 2021

In our opinion and to the best of our knowledge and belief:

(a) The accompanying financial report as set out on pages 5 to 11, being a special purpose financial report, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2021 and the results of the Association for the year ended on that date;

(b) The accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and

(c) The Board has reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

(a) The name of each committee member of the association during the financial year were:

July 2020 to November AGM 2020

President: Joan Crombie

Public Officer: Ruth Garden

Vice-President: Margaret Murray

Treasurer: Ruth Garden

Secretary: Hilary Fowler

Non-Executive members: Charles Atherton, Anne Coutts, Margaret Murray,
Carolyn Marriott - from 19/8/20

November 2020 AGM to present:

President: Vacant

Public Officer: Ruth Garden

Vice-President: Charles Atherton to Jan 2020. Margaret Murray Jan 2020 to present.

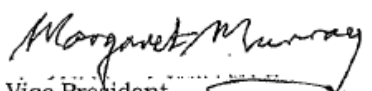
Treasurer: Ruth Garden

Secretary: Hilary Fowler

Non-Executive members: Anne Coutts, Amin Islam.

b) The principal activities have not altered from previous years and are:
public and individual education and advocacy in the area of arthritis and osteoporosis treatment and management.

The net result of the association for the year was a deficit of \$46 (2020 Surplus of \$6,150)


Vice President
MARGARET MURRAY


Treasurer
: 1/9/21

Darwin 1st Sept 2021 Date: 5



Independent auditor's report to the members of Arthritis Foundation of the Northern Territory Incorporated

Opinion

We have audited the accompanying special purpose financial report of the Arthritis Foundation of the Northern Territory Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2021, the statement of income and expenditure for the year then ended, a summary of significant accounting policies and other explanatory notes and the board of management statement.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Arthritis Foundation of the Northern Territory Incorporated as at 30 June 2021 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial report.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Association in accordance with the independence requirements of the Australian professional accounting bodies. We have also fulfilled our other ethical responsibilities in accordance with the independence requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of matter – Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association meet the needs of the Associations Act and the Association's constitution. As a result, the financial report may not be suitable for another purpose. Our report is intended solely for the Association and should not be distributed to or used by parties other than the Association.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the Associations Act and the Association's constitution and has determined the accounting policies used as described in Note 1 are appropriate to meet the needs of the Association and for such internal control as management determines is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report for the year ended 30 June 2021 as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

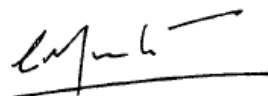
As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with management regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Merit Partners

Merit Partners



MunLi Chee
Director

Darwin

2 September 2021

meritpartners.com.au

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCBALANCE SHEETAT 30 JUNE 2021

	Notes	30 June 2021 \$	30 June 2020 \$
<u>CURRENT ASSETS</u>			
Cash and bank	2	121,449	114,488
Prepayments & Other Assets	3	220	6,401
		<u>121,669</u>	<u>120,889</u>
<u>NON CURRENT ASSETS</u>			
Property, plant and equipment		-	-
		<u>121,669</u>	<u>120,889</u>
<u>TOTAL ASSETS</u>			
<u>CURRENT LIABILITIES</u>			
Payables	4	3,470	2,568
Accruals	5	2,200	2,200
Provision for employee entitlements	6	8,134	3,841
Unexpended grants	7	6,861	7,297
		<u>20,665</u>	<u>15,906</u>
<u>NON CURRENT LIABILITIES</u>			
Employee entitlements	6	-	3,933
		<u>20,665</u>	<u>19,839</u>
<u>TOTAL LIABILITIES</u>			
		<u>101,004</u>	<u>101,050</u>
<u>NET ASSETS</u>			
<u>MEMBERS FUNDS</u>			
Balance at the beginning of the year		101,050	94,900
Current Year Surplus/(Deficit)		(46)	6,150
Accumulated Funds		<u>101,004</u>	<u>101,050</u>

The Balance Sheet should be read in conjunction with the notes to
and forming part of the financial statements.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED 30 JUNE 2021

	Notes	30 June 2021 \$	30 June 2020 \$
INCOME			
Grant Income			
Unexpended Grants B/Fwd		7,297	23,269
AA Grants - Joint Movement Better Ageing & Info Line		23,769	17,536
NT Government Grant - Operational		90,673	90,673
Community Benefit Fund Grant		6,361	-
Total Grant Income		128,100	131,478
Non-grant Income			
Memberships		1,123	1,162
Arthritis Aust - Project		4,000	1,000
Donations & Gift		5,072	4,400
Interest Received		677	1,385
ATO Cashflow Boost		5,000	15,000
Total Non-grant Income		15,872	22,947
TOTAL INCOME		143,972	154,425
EXPENDITURE			
Audit & Accounting		4,466	4,466
Advertising & Promotion		2,948	5,351
Bank charges incl Merchant fees		361	280
Consultancy Fees		29,840	32,403
Newsletter, Publication & Information Resources		399	533
Business Lodgement Permits & fees/Subscriptions		206	127
Computer Equipment, IT Support		3,373	497
Electricity		1,382	1,327
General Admin Fec - Arthritis Aust		5,250	5,250
Insurance - General & Workers Comp		5,052	5,185
Printing, Stationery, Postage, Photocopying		2,554	1,007
Rent / Legal Fees		17,039	18,701
Repairs & Maintenance		2,194	36
Staff / Volunteers Training / Member Expns		752	575
Salary & Wages		53,297	52,347
Superannuation		5,594	4,973
Employee Entitlements Movement		359	2,947
Telephone		1,946	1,932
Travel		-	2,710
Work Health Safety		145	331
TOTAL EXPENDITURE		137,157	140,978
Operating Surplus		6,815	13,447
Unexpended Balances Carried Forward			
Unexpended Grants Carried Fwd	7	6,861	7,297
Balances Carried Forward		6,861	7,297
Net Operating Surplus/(Deficit)		(46)	6,150

The Statement of Income & Expenditure should be read in conjunction with the notes to and forming part of the financial statements.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2021

1. SUMMARY OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in the understanding of the financial report. These policies have been consistently applied except as otherwise indicated.

(a) Financial Reporting Framework

The Association is not a reporting entity because in the opinion of the Board there are unlikely to exist users of the financial report who are unable to command the preparation of reports tailored so as to satisfy specifically all of their information needs. Accordingly, this "special purpose financial report" has been prepared to satisfy the Board's reporting requirements under the Constitution and the *Associations Act NT*. The Association is a not-for-profit entity.

The financial report has been prepared on an accruals basis and except where stated, does not take into account changing money values or current valuations of non-current assets.

(b) Depreciation of Property, Plant and Equipment

Items of property, plant and equipment with a cost of \$20,000 and over (if any), are capitalised and depreciated over their estimated useful lives using the straight line method. Other items of property, plant and equipment below this threshold are expensed.

(c) Employee Entitlements

The amount expected to be paid to employees for their pro-rata entitlements to long service and annual leave is accrued annually at current wage rates.

Sick leave is accrued in the payroll system but not provided for in the accounts, sick leave is non-vesting.

A provision for long service leave is recorded on a pro-rata basis and is measured at current rates and classified as both current and non-current liability as applicable.

(d) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables are recognised inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of receivables or payables.

(e) Government Grants

Grants are recognised as revenue in accordance with the year in which the service to which they relate is performed. Grants received or receivable in respect of services that will be provided in future years, are treated as a liability. The portion of grants unspent at year end, is transferred to current liabilities as unexpended grants and carried forward to the next financial year.

(f) Income Tax

The Association is exempt from income tax.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2021**

	30 June 2021 \$	30 June 2020 \$
2. CASH AND BANK		
CBA Operating Account	17,962	7,678
Net Bank Online Saver	40,916	44,901
Term Deposit	62,571	61,909
	<u>121,449</u>	<u>114,488</u>
3. OTHER CURRENT ASSETS		
Accounts Receivable	220	-
ATO Cash Flow Boost	-	5,000
Overpaid BAS March 2020	-	1,401
	<u>220</u>	<u>6,401</u>
4. PAYABLES - CURRENT		
ATO - GST	2,536	1,556
ATO - PAYG	934	1,012
	<u>3,470</u>	<u>2,568</u>
5. ACCRUALS		
Audit Fees (net)	2,200	2,200
	<u>2,200</u>	<u>2,200</u>
6. EMPLOYEE ENTITLEMENTS		
CURRENT		
Annual leave	2,211	3,184
Long Service Leave	5,923	657
	<u>8,134</u>	<u>3,841</u>
NON-CURRENT		
Long Service Leave	-	3,933
Total Employee Entitlements	<u>8,134</u>	<u>7,774</u>

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCNOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2021

	30 June 2021 \$	30 June 2020 \$
7. UNEXPENDED GRANT		
AA Infoline	500	-
CBF Grant	6,361	-
Arthritis Aust - Joint Movement Better Age	-	7,297
	<u>6,861</u>	<u>7,297</u>

8. GOING CONCERN & ECONOMIC DEPENDANCY

During the year the Association received grant funds from government departments. The financial report has been prepared on the basis that the association is a going concern and will continue to operate. The committee believes that the support from members and funding bodies will continue and that the Association will continue as a going concern for the ensuring 12 months from the date of this report.

9. SUBSEQUENT EVENTS

There are no known subsequent events that affect the financial position of the organisation as at 30 June 2021.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCDETAILED STATEMENT OF INCOME AND EXPENDITURE**OPERATIONAL NT GOVERNMENT GRANT**Period 1 July 2020 to 30 June 2021

	Actual	Budget
	\$	\$
INCOME		
NT Government Grant	90,673	90,673
TOTAL INCOME	90,673	90,673
EXPENSES		
<u>Operational</u>		
Audit Fees	2,266	2,250
Arthritis Australia Administration Fee	3,275	5,000
Electricity	1,382	1,200
IT Support/Advertising & Photocopying	1,352	803
Work Health Safety	-	250
Insurance incl Workers compensation	5,052	4,900
Staff Superannuation	5,063	4,940
Staff Wages	53,297	52,000
Rent Office	17,039	18,000
Telephone	1,947	1,330
TOTAL EXPENSES	90,673	90,673
Operating Surplus	-	-

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCDETAILED STATEMENT OF INCOME AND EXPENDITURE**AONT SELF GENERATED FUNDS**Period 1 July 2020 to 30 June 2021**INCOME**

ATO Cashflow Boost	5,000
Donations & Gifts	5,072
Membership Fees	1,123
Arthritis Australia	4,000
Bank Interest	677
TOTAL INCOME	15,872

EXPENSES

Arthritis Australia Admin Fee	1,975
Accounting & Audit fee	2,200
Advertising & Promotions	2,948
Bank Charges	361
Fees & Permits & Work Health Safety	242
Movement Employee Entitlements	360
Photocopying/Newsletter / Printing Stationery/Postage	2,208
Computer Equipment, IT Support	2,766
Staff/Volunteer & Member Expense	525
Repairs & Maintenance	2,202
Misc Fees & Charges/Subscriptions	131
TOTAL EXPENDITURE	15,918
Net Result	(46)

DETAILED STATEMENT OF INCOME AND EXPENDITURE**ARTHRITIS AUST - JOINT MOVEMENT BETTER AGE**Period 1 July 2020 to 30 June 2021**INCOME**

Grant Arthritis Australia - Joint Movement Better Ageing	23,269
Unexpended Funds Brought Forward	7,297
TOTAL INCOME	30,566

EXPENDITURE

Program Consultancy	29,841
Staff/Volunteer Training	195
Superannuation	530
TOTAL EXPENDITURE	30,566
Operating Surplus	-