

The Arthritis Foundation of the Northern Territory Incorporated

Trading as Arthritis & Osteoporosis NT

Annual Report July 2022 – June 2023

Introduction	3
President's Report	3
Governance	4
Service Agreement	5
Structure and Running of the Organisation	6
Membership	7
Support Groups	8
Donations, Fundraising and Sponsorship	8
Activities	9
Treasurer's Report	17
Special Purpose Financial Report	17



Office Hours: 9:30 am – 2:00 pm Monday to Thursday
Freecall: 1800 011 041
Telephone: (08) 8948 5232
Email: info@aont.org.au
Website: www.aont.org.au
Facebook: facebook.com/arthritis.osteoporosis.nt





Ruth Garden and Mr Skeleton at COTA Expo Katherine

Introduction

Welcome to the Annual Report of The Arthritis Foundation of the Northern Territory Incorporated for the year ending 30th June 2023. The Foundation has a number of business names, the most often used being Arthritis & Osteoporosis NT (AONT). In keeping with this practice “AONT” will be used throughout this document. AONT is primarily an organisation that provides services for the benefit of people with arthritis and osteoporosis. These services may also have relevance to people affected by some other musculoskeletal conditions.

This report meets the requirements of our Constitution and the Associations Act NT) and contains all information required for the Annual Report to the Australian Charities and Not-for-profit Commission.

President’s Report

It is my pleasure to present the President’s Report for the 2022-2023 financial year. I accepted the nomination to become President at last year’s Annual General Meeting (AGM) and it has been a good experience so far, mainly due to the contribution of all Board members. There are four returning members of the Board, so continuity is strong, and we have welcomed a new member, Sami Azan, who has instantly lowered the age profile of the Board - which is very welcome! The Board meets monthly for about an hour and some interesting discussions have been held. Allow me to take this opportunity to remind you that any member is welcome to attend and observe our meetings – just contact the office beforehand. You never know, you may become interested in joining the Board. New members always welcome!

Achievements

As I mentioned in my first newsletter column back in December last year, one of the first issues I was keen to discuss with the Board was our membership level and whether we are delivering the most appropriate services. A requirement of our current Agreement with the Northern Territory Department of Health (NT Health) is to conduct annual surveys of members and clients. [See page 16 for a report on the member survey](#). The results indicate an appreciation of our printed newsletter and the information sessions we provide, such as managing pain, and importance of exercise. One of the questions referred to the possibility of an increase in membership fees as a way to raise funds. This was received quite positively by many respondents and is currently being considered by the Board.

One of AONT’s major activities is staffing information stands at various events during the year. I have assisted at the AONT stand at COTA Seniors Expo for a couple of years now and have thoroughly enjoyed the opportunity to promote our services, both to members of the general public and other service providers. It has been particularly pleasing to see our community presentations reach a wider audience; this year we have reached Howard Springs, participated in the COTA Seniors Expo in Katherine, and made presentations to new organisations such as Association of Independent Retirees and Defence Childcare.

The Board has discussed the need to reach audiences across all age groups to encourage lifestyle choices that support better joint and bone health to minimise the risk of developing arthritis and/or osteoporosis later in life. Presentations at a high school Health Expo and to staff and children at a childcare centre provided opportunities to share information on the benefits of an active lifestyle, healthy eating and appropriate injury management.

The Five-year funding agreement with NT Health was negotiated and finalised, running to June 2027. The lease of the space at Rapid Creek Shopping Village was renewed in October 2022 and runs to September 2025 with the option of a two year extension. This is important to enable AONT to have some stability.

Future Challenges

For the next financial year, we will continue to seek to broaden our membership base, not only to increase membership but to attract young people.

Board members have been discussing the need for a dedicated Health Educator position on staff. We will of course need NT Government funding to support this proposal which has been discussed and developed over the past eighteen months. We hope to submit a funding proposal early 2024 for the next financial year. The Board considers this position as the most sustainable way to progress our activities.

The Board is constantly looking at potential fundraising opportunities such as community grants, benefactors, and bequests. We will be promoting more strongly the option of bequests via our newsletter. We considered a Deckchair Fundraiser but agreed the amount of work involved for such a large venue is beyond our resources right now. We'd be more than happy to receive any other fundraising ideas from members.

Bouquets

I'd like to thank Margaret Murray, for holding the fort as Vice President in the absence of a President for the past couple of years and being prepared to continue as a General Board member in 2023. Margaret is dealing with some health issues of late and we wish her well.

Anne Coutts who has coordinated the Palmerston support group for a number of years, decided not to stand for election to the Board at the AGM. The mantle now goes to current Board member Lyn Skipper.

Special thanks go to our erstwhile Board Members Ruth Garden (Treasurer and Public Officer) and Hilary Fowler (Secretary and Arthritis Australia Council of Advice rep) who regularly go above and beyond to support the organisation, and to Amin Islam for accepting the nomination for Vice President and whose experience in Governance and Finance is indispensable.

A huge Thank You to staff members Deidre and Natalie for their contributions and flexible approach to working for a small, service organisation.

Ruth Quinn
President

Governance

As an organisation incorporated under the Associations Act (NT) since July 1983, and as a registered Not-for-Profit, AONT has a legislative responsibility to report annually to the Australian Charities and Not-for-profit Commission (ACNC).

The Board has the responsibility of running the organisation, with authority to employ persons as necessary and viable, and continues to perform all Management Committee functions.

Thanks to recurrent NT Government funding, we are able to maintain our office in the Rapid Creek Business Village, with modest staffing levels. However, volunteer involvement is crucial to the

viability of the organisation, with weekly volunteer hours frequently exceeding that of employee hours. Note that all Board positions are also voluntary. **See Pages 6 and 7 for more on volunteers.**

The Board – for the financial year

As at 30th June 2023 the AONT Board comprised:

President	Ruth Quinn
Vice President	Amin Islam
Secretary	Hilary Fowler
Treasurer & Public Officer	Ruth Garden
Ordinary Members	Lyn Skipper, Sami Azam

They first joined the Board:

Hilary Fowler	March 2010
Ruth Garden	February 2006
Amin Islam	November 2020
Ruth Quinn	September 2021
Lyn Skipper	November 2021
Sami Azam	April 2023

From 1st July 2022 until the 2022 AGM the AONT Board comprised:

President	Vacant
Vice President	Margaret Murray
Secretary	Hilary Fowler
Treasurer & Public Officer	Ruth Garden
Ordinary Members	Amin Islam, Ruth Quinn, Lyn Skipper, Renae Callaway

The Board meets monthly, and its members maintain regular contact with each other and with staff. Other Board meetings are called as needed to deal with specific matters. Some of our Board members are also regular office volunteers heavily involved in service delivery.

Board members are involved in regular teleconferences with both the Council of Advice to Arthritis Australia and Arthritis affiliate CEOs.

Our Constitution requires election at the AGM of office bearers: President, Vice-President, Treasurer, Secretary, and a minimum of two and no more than ten ordinary members. The Public Officer is appointed by the Board from its members. Throughout the year, the Board has authority to appoint a member at any time to fill a vacancy arising, whether office bearer or ordinary member, and any person so appointed shall hold office until the following AGM.

Service Agreement

For many years AONT has relied on core funding from the Northern Territory Department of Health through a Service Agreement to serve the Darwin and Palmerston regions. The current Agreement contemplates extended service delivery throughout the NT, as capacity allows, but the main focus is on activities in the Darwin and Palmerston regions. Early last year a new Agreement was entered into for the period July 2022 to June 2027 with base funding of \$91,652.00 per annum.

A new requirement of our Agreement is to conduct an annual member survey and an annual client survey.

The terms of the Agreement require AONT to:

1. empower people with arthritis and osteoporosis with information, education and support tailored to their individual needs and circumstances,
2. promote healthy lifestyles and self-management to optimise health outcomes and health-related quality of life for individuals with arthritis and osteoporosis,
3. advance and disseminate knowledge and understanding of arthritis and osteoporosis.

Under this agreement AONT receives quarterly payments in advance and has six-monthly reporting obligations, both written (The Performance Report) and financial, from January to June and July to December each year. Details of the information and support services, education and training programs (both volunteers and employees) and evidence of networks and partnerships are provided. **Activities (commencing on Page 9)** is a summary drawn from these reports.



Financial statements document how funding from the Northern Territory Department of Health (NT Health) was spent. These reports are prepared in-house in the Standard Chart of Accounts format required by the Department. A condition of the Service Agreement is that all Government funds be fully expended at the end of the Agreement term. For many years, AONT has maintained the practice of ensuring that all such funds are spent and acquitted at the end of each financial year. We are also required to provide the Department with a copy of the Annual Special Purpose Financial Report prepared by our auditor **see Pages 18 - 29.**

Structure and Running of the Organisation

The office continues to be open from 9:30am to 2:00 pm Monday to Thursday. Between the volunteers and paid staff there are usually two to three people working in the office each day. On occasions the office is late in opening or early in closing due to unavailability of personnel.

Volunteer efforts are integral to the long term functioning of AONT, while employees provide core support in their given areas of expertise.

Staff to June 2023

Administrative Assistant	Deirdre Moldenhauer	15 hrs per week	720 hrs pa
Accounts and administration	Natalie Valastro	12.5 hrs per week	600 hrs pa

Natalie has been with us since early 2006, and Deirdre joined us in April 2014. Natalie and Deirdre are core personnel within our organisation and highly valued for their reliable support and willingness to go outside normal work parameters to assist our volunteers.

Volunteers

On any day the office is open there are normally volunteers on duty. Volunteer time recorded for the financial year was **1426** hours. Overall, the average number of weekly volunteer hours for the year excluding the Christmas New Year closure was **30**. This includes many hours outside normal office hours involving:

- general administration;
- education activities;
- fundraising and networking with different people and organisations.

Typical Responsibilities assumed by volunteers (including Board members) and assisted by employees:

- website and facebook page maintenance;
- mandatory reporting;
- membership database maintenance;
- facilitation of community speaking engagements;
- maintenance of distribution lists;
- provision of material for various information stands;
- general administration duties, including reception, production of leaflets, printing of materials;
- assessment of grant opportunities;
- facilitation of network meetings, subject to availability;
- newsletter production and distribution, six per year to all members, plus complimentary mailings;
- records management and resource management;
- pain self-management courses: facilitating, delivering & following up;
- support groups: convening, arranging special events and guest speakers;
- volunteer recruitment and support.

Volunteer activities outside the office include:

- networking with other community and government organisations;
- presentations to various forums;
- facilitating pain self-management courses;
- facilitating education sessions;
- facilitating support groups.

Membership

At 30th June 2023 the number of memberships was **69**, including **5** family memberships, comprising **58** females and **11** males. There was **1** new membership during the financial year.

Membership income makes a difference to AONT's ability to provide services. Members have the satisfaction of knowing that their organisation helps many people and should be proud of their contribution to this purpose.

Membership benefits include:

- newsletter mail-outs, six times per year;
- access to self-management courses;



- free or subsidised entry to AONT events;
- access to support groups;
- health advisory service;
- borrowing library.

Membership falls due on 1st July each year and individual renewal notices are usually sent out with the newsletters soon after that.

Support Groups

The aim of a support group is for participants to leave such meetings feeling better than when they arrived. New faces are very welcome.

Palmerston Arthritis Support Group: This long-established group now meets on the fourth Monday of each month at 10:00am at the Brennan Electorate Office opposite the Target store. This group is a wonderful example of enduring friendships and thanks go to convenor Lyn Skipper who arranges guest speakers for most meetings, as well as special events and activities throughout the year.



Donations, Fund Raising and Sponsorship



Donations and sponsorship (both unrestricted and tied) over 2022-2023 amounted to \$3,343. Along with membership income these funds are essential to our capacity to deliver much needed services as the Service Agreement income is insufficient to completely cover operating costs. No major fundraising events were held during the year.

Particular thanks go to:

1. Arthritis Australia for supporting our participation in national promotional campaigns;
2. Merit Partners for their in-kind donation towards our audit expense;
3. AONT members who made donations;
4. Non-members who made donations, including \$500 from CWA Litchfield.

Activities

Much of AONT’s work is disseminating information in response to requests through telephone calls, emails, visits to the office, presentations to various audiences, and information stands at community events. Our shop front windows provide opportunities for educational displays and notice of relevant community events.

AONT Publications to assist members and the general public

Health related

Warm Water Exercise – where you can go in Darwin/Palmerston

Stretch Break – chair based exercises

Improve your balance

Healthy Gardening Tips

What a Pain! – information about our pain self-management program, and participant handbooks

“**joinTed**” our member newsletter, six editions per year

General information

Palmerston Support Group

Volunteering opportunities with AONT

Resources available for all members and clients at our office – call in or ring 8948 5232

Arthritis information - developed by Arthritis Australia.

Booklets

Osteoarthritis

Rheumatoid arthritis

Gout

Ankylosing Spondylitis

Psoriatic Arthritis

Osteoarthritis of the Knee

Fibromyalgia

Your Child has Arthritis

A Guide for Young Adults

Pain in Arthritis

Joint Replacement

Back Pain

10 Steps for Living Well with Arthritis

At Home with Arthritis

Manual Tasks for Carers

Other materials include arthritis information sheets which cover numerous conditions, parts of the body affected, medical management, complementary therapies and general management.

Osteoporosis information

Developed by Healthy Bones Australia, information sheets include: Bone health, Supplements and lifestyle, Medications, and other conditions and bone health.

Consumer Information and Education

The following pages provide an overview of our activities from 1st July 2022 to 30th June 2023. All activities rely on our committed and hardworking volunteers and in part on AONT generated income which includes donations and membership income.

Location	Date	Type	Topic	Number of participants
Website	Year round	Website www.aont.org.au		Visits ~430 Pageviews ~880
Facebook	Year round	Facebook www.facebook.com/arthritis.osteoporosis.nt 15 follow up info packs sent out		Likes ~4650 Follow ~2370
Darwin	Year round	Shop front window displays	Promotion & large format display of materials available through AONT, including arthritis and osteoporosis management info,	Unknown
Darwin	Year round	Shop front window community noticeboard	Promotion of programs, services & events relevant to healthy lifestyle choices	Unknown
Darwin/ Palmerston/ Rural area	August, Oct, Dec 2022, Feb, April, June 2023	Member newsletters	Variety of features including: <ul style="list-style-type: none"> • arthritis and osteoporosis management, healthy lifestyle choices (exercise, nutrition, etc) • updates from Arthritis Australia 	Sent to all members & a complimentary mailing list of some community groups and various health orgs (80-100)
Palmerston	Monthly	Support group for members	<ol style="list-style-type: none"> 1. Volunteer member convenor 2. Admin support from AONT office in procuring relevant guest speakers 3. Updates of AONT activities and materials available 	6 – 10 per monthly meeting
Howard Springs	01-09-2022	Presentation to CWA Litchfield	<ol style="list-style-type: none"> 1. Role of AONT 2. Distribute samples of resources 3. Resulted in invitation to annual conference 	11
Palmerston	15-09-2022	Presentation to Palmerston Probud Club	<ol style="list-style-type: none"> 1. Role of AONT 2. Distribute samples of resources 	35

Location	Date	Type	Topic	Number of participants
Casuarina	10-10-2022	Presentation to Association of Independent Retirees	1. Arthritis & osteoporosis information & resources 2. Role of AONT	20
Winnellie	23-10-2022	Presentation to CWA NT Annual Conference	1. Role of AONT 2. Distribute samples of materials	20
Palmerston Darwin	Dec 2022 June 2023	Educational presentations	<i>“Taking the First Step – Help to get yourself moving</i> Delivered by 2 AONT volunteers and a practising physiotherapist	7
Darwin	11-02-2023	Information stand at “Defence Member & Family Support” Expo	Healthy Bones - 2 presentation opportunities; 1 collaboration opportunity	~20 visitors to stand 7 enquiries followed-up from office
Palmerston	Feb & April 2023	Educational presentations	<i>“Taking the next step – help to keep yourself moving”</i> Delivered by AONT volunteers and a practising physio	6
Katherine	16-03-2023	Information stand at COTA NT Seniors Expo	Promotion of National Arthritis Infoline service - client follow up with specific information packs <i>Trip privately funded</i>	20 engagements with visitors to stand
Darwin	21-03-2023	Presentation to Defence Childcare Unit	Healthy Bones - on request, appropriate activity resources given to staff	19 children 3 adults
Palmerston	13-04-2023	Palmerston and Litchfield Seniors Association	Arthritis, osteoporosis, role of AONT	~70
Darwin	27-05-2023	Information stand at COTA NT Seniors Expo	1. Arthritis & osteoporosis information & resources 2. Role of AONT ~110 took resources ~ 15 significant one-on-one engagements ~ 9 enquiries to follow up from office	120 visitors to stand
Darwin	02-06-2023	Interactive information stand at Darwin High School Health Expo	Healthy Bones and the Skeletal System	37 visitors to stand ~20 students participated in a quiz

Enquiries and Information Packages Distributed

No. of enquiries	90
No. of packages distributed	83

Referrals to other resources	Pain management	4	Rheumatologist	2
	Support group	3	Hand therapy	3
	GP	2	Physio	2
	Water exercise	1	Exercise	8
			Total referrals	25

Examples of client feedback from walk in, phone and email/website enquiries

At time of enquiry:

“Thank you for the lovely chat and materials the other day. I am feeling more positive which surprisingly helps with my pain” 52 year old woman with severe OA

4 – 5 weeks after initial contact:

Typical comments include:

“The materials were very helpful and have given me some new ideas.”

“I appreciate your help and time to talk to me.”

Typical feedback from presentations:

“Very interesting and helpful information”

“Much appreciated”

Unsolicited newsletter feedback:

Jun-July 2023 issue: “A wonderful and informative newsletter. Thank you very much”,

April – May 2023 issue: “Thank you once again for a very informative newsletter”,

Feb 2023 issue: “Thank you for this edition of your very informative newsletter”.

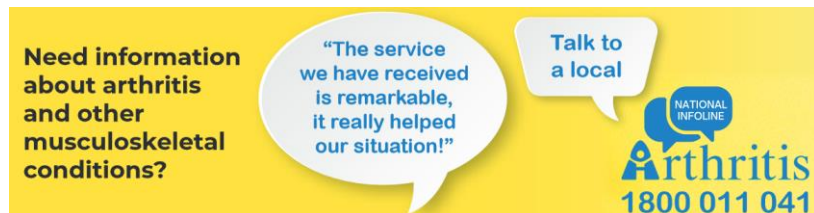
Feedback from participants of the first “Taking the next step to keep yourself moving”, a follow up session from “Taking the first step – how to get yourself moving” in December 2022

Workshop content	Combined satisfaction rating from all participants
1. Have you found today’s session useful?	100%
2. Would you like to meet again in one month’s time?	100%
3. How confident are you today in committing to increasing your activity level over the next month	90%
4. Do you have a better understanding of how to safely move more?	85%
5. Do you have a better understanding of how to maintain progress?	80%

Collaboration with Arthritis Australia – The National Arthritis Infoline 1800 011 041

In conjunction with its affiliate members like Arthritis & Osteoporosis NT, Arthritis Australia has been working on a nationwide promotion of the free Infoline service. This project has been entirely funded by the national body, through a Federal Government grant. Dialling the Freecall number anywhere in Australia directs callers to the Affiliate office in the state/territory in which the phone call is made. At the time of writing this report, a “Back of the Bus” advertisement has been installed and we are now working on a letter box drop.

Previous promotion of the Infoline number has been via our member newsletter, our website, Facebook page, all our published materials, a front page banner in one edition of COTA’s newsletter Seniors Voice, and at COTA’s Seniors Expo in Katherine

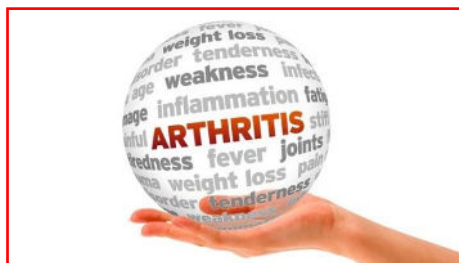


Networks/partnerships activities

Group	Description
Arthritis Australia and state Affiliates	<ol style="list-style-type: none"> 1. Regular teleconferences with Council of Advice to Arthritis Australia 2. Regular teleconferences with CEOs of Arthritis Australia and other affiliated organisations 3. Distribute materials produced by Arthritis Australia 4. Arthritis Tasmania - collaboration re course “Taking the First Step – how to get yourself moving”.
Osteoporosis Australia	Distribute materials produced by Osteoporosis Australia
COTA NT	<ol style="list-style-type: none"> 1. Corporate member of COTA 2. Advertisements in Seniors Voice newsletter, promotion of Arthritis Australia National Infoline 3. Promotion of exercise opportunities with COTA, article in Feb member newsletter
CWA Litchfield	Presentation on role of AONT, resources provided
Palmerston Probus	Presentation on role of AONT, resources provided
Association of Independent Retirees	Presentation on arthritis and osteoporosis and role of AONT, resources provided
CWA NT AGM	Presentation on role of AONT
Defence Member and Family Support (DMFS) Branch	Interactive information stand at the annual “Welcome to the Top End Expo”
Raintree Allied Health, Exercise physiologist	“Management of osteoporosis and arthritis” article provided for April-May member newsletter
Palmerston Seniors Network	Collaboration with Palmerston City Council on activities for seniors.
Darwin High School	Collaboration on presenting students with information on the importance of building strong bones in the teenage years

Professional development

Location	Date	Who	Type	AONT Attendees
Adelaide	11-07-2022	Volunteer, board member	Combined meeting Arthritis Australia Affiliate representatives and CEOs	1 <i>Privately funded</i>
Darwin	05-07-2022 27-06-2023	Volunteer, board member	Zoom meetings Affiliate CEOs	1
Darwin	14-09-2022 07-12-2022 15-03-2023	Volunteer, board member	Zoom meetings Council of Advice to Arthritis Australia	1



Living with arthritis or osteoporosis, like any chronic condition, is not easy. Finding the right balance takes knowledge, commitment and often the help of others.

Visit us:

- at our office in Rapid Creek Business Village
Trower Road, Millner
- www.aont.org.au, or
- on Facebook: Arthritis & Osteoporosis NT – Home/Facebook



The effect of
spontaneous crush
fractures of
vertebrae due to
Osteoporosis

Member survey – Feb 2023

Summary of results – 22 replies

- 45% of respondents were interested in more education and information sessions/workshops on arthritis and/or bone health
- 23% of respondents were interested in more community presentations
- 18% of respondents would like more newsletters
- 32% heard about us through word of mouth or our activities in the community
- 56% of respondents prefer to be contacted by post

Optional comments included:

- “A very good service” Anon
- “Thank you” Anon
- “Thank you, I look forward to any information and going in to the office.” AP
- “I can’t think of anything else (more services / events), you are doing a good job. Health recipes for one are good (newsletter feature)” PR
- “Not enough interaction, but thank you to staff and board” Anon
- “Thank for your efforts (info on latest research, websites, exercise, surgical options, latest drug therapy, diet), much appreciated.” Anon
- “Your work is important to many people. Thank you.” Anon
- “Thanks for all you do.” Anon
- “Keep up the excellent work”. Anon
- “I think you do a really wonderful job. Well done everyone!” Anon



Treasurer's Report

As shown in the audited financial statements for the year ended 30th June 2023 the Association has continued the use of accrual accounting to enable a meaningful financial position to be shown. This is reflected in the balance sheet and the Statement of Income and Expenditure as summarised below.

The balance sheet shows:

- accrual of expenses incurred and not paid as at 30th June 2023 amounting to \$13,588. These are: a \$1,938 ATO liability, net audit fees of \$2,200, provision for employee entitlements of \$9,450, details of which are shown respectively in Notes 4, 5 and 6 to the accounts (page 8 of the Financial Report).
- the Term Deposit of \$84,223 increased only by \$294 from the previous balance – a reflection of low interest rates in 2021 – 2022. During 2022 – 2023 interest earned, and credited since 30th June, amounted to \$2,316, adding to the amount invested.

It should be noted:

1. The Statement of Income and Expenditure records an operating deficit of \$4,484 (page 6 of Financial Report). Hence, interest income credited since June has resulted in a better start to the current financial year.
2. The NT Government Operational Grant has been fully expended within the year (page 10 of the Financial Report) and did not fully cover all operational costs of the organisation. The balance of operational costs was met by AONT self-generated funds (derived largely from membership income, donations, and bank interest) and Accumulated Funds.
3. There are no unexpended grants shown in the balance sheet. As shown in the statement of income and expenditure for the Arthritis Australia Infoline project there is a zero balance at 30th June. Further funds have been received and disbursed since then. At 31st December this year, when the project is finalised, once again the net result will be zero.

The organisation is in a reasonable financial position and retains Accumulated Funds of \$99,660. These funds are available to cover operational costs of the organisation that are not fully covered by government grant funds, plus any other unfunded areas. The Board appreciates that long term reliance on accumulated funds to meet shortfalls is not sustainable, and continues to give much consideration to ways of increasing income.

Thank you to the many members and friends of AONT who have made donations, often on a regular basis.

Ruth Garden
Treasurer
2023 October

Special Purpose Financial Report

This report includes all income and expenditure items (Profit and Loss statement), and a Balance Sheet of all assets and liabilities, both for the full financial year. The report is prepared by an independent auditor and is reproduced in the following pages. This concludes the Annual Report for 2022-2023.

Arthritis Foundation of the Northern Territory Incorporated

*SPECIAL PURPOSE FINANCIAL REPORT
for the year ended
30 JUNE 2023*

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCINDEX TO THE SPECIAL PURPOSE FINANCIAL REPORTFOR THE YEAR ENDED 30 JUNE 2023

<u>Contents</u>	<u>Page</u>
Index	1
Board of Management's Statement	2
Independent Audit Report	3-4
Balance Sheet	5
Income and Expenditure Statement	6
Notes to and Forming Part of the Financial Statements	7-9
Detailed Statements of Income and Expenditure	
NT Government Operational Grant	10
AONT Self Generated Funds	11
Arthritis Aust - Infoline	11

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC
BOARD OF MANAGEMENT'S STATEMENT
FOR THE YEAR ENDED 30 JUNE 2023

In our opinion and to the best of our knowledge and belief:

(a) The accompanying financial report as set out on pages 5 to 11, being a special purpose financial report, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2023 and the results of the Association for the year ended on that date;

(b) The accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and

(c) The Board has reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

(a) The name of each committee member of the association during the financial year were:

July 2022 to November AGM 2022

President: Vacant

Public Officer: Ruth Garden

Vice-President: Margaret Murray

Treasurer: Ruth Garden

Secretary: Hilary Fowler

Non-Executive members: Amin Islam, Lyn Skipper, Ruth Quinn

November 2022 AGM to present:

President: Ruth Quinn

Public Officer: Ruth Garden

Vice-President: Amin Islam

Treasurer: Ruth Garden

Secretary: Hilary Fowler

Non-Executive members: Lyn Skipper, Sami Azam (joined the board 19/5/2023)

b) The principal activities have not altered from previous years and are:
public and individual education and advocacy in the area of arthritis and osteoporosis treatment and management.

The net result of the association for the year was a Deficit of \$4,484 (2022 Surplus of \$3,140)

President



Darwin

Treasurer



Date: 10 August 2023



Independent auditor's report to the members of Arthritis Foundation of the Northern Territory Incorporated

Opinion

We have audited the accompanying special purpose financial report of the Arthritis Foundation of the Northern Territory Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2023, the statement of income and expenditure for the year then ended, a summary of significant accounting policies and other explanatory notes and the board of management's statement.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Arthritis Foundation of the Northern Territory Incorporated as at 30 June 2023 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial report.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Association in accordance with the independence requirements of the Australian professional accounting bodies. We have also fulfilled our other ethical responsibilities in accordance with the independence requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of matter – Basis of Accounting and Restriction on Distribution

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association meet the needs of the Associations Act and the Association's constitution. As a result, the financial report may not be suitable for another purpose. Our report is intended solely for the Association and should not be distributed to or used by parties other than the Association. Our opinion is not modified in respect of these matters.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the Associations Act and the Association's constitution and has determined the accounting policies used as described in Note 1 are appropriate to meet the needs of the Association and for such internal control as management determines is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report for the year ended 30 June 2023 as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

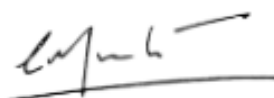
As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with management regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Merit Partners

Merit Partners



MunLi Chee
Director

Darwin

10 August 2023

meritpartners.com.au

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCBALANCE SHEETAT 30 JUNE 2023

	Notes	30 June 2023 \$	30 June 2022 \$
<u>CURRENT ASSETS</u>			
Cash and bank	2	113,248	117,000
Prepayments & Other Assets	3	-	-
		<u>113,248</u>	<u>117,000</u>
<u>NON CURRENT ASSETS</u>			
Property, plant and equipment		-	-
		<u>-</u>	<u>-</u>
TOTAL ASSETS		<u>113,248</u>	<u>117,000</u>
<u>CURRENT LIABILITIES</u>			
Payables	4	1,938	1,769
Accruals	5	2,200	2,200
Provision for employee entitlements	6	9,450	8,557
Unexpended grants	7	-	330
		<u>13,588</u>	<u>12,856</u>
<u>NON CURRENT LIABILITIES</u>			
Employee entitlements	6	-	-
		<u>-</u>	<u>-</u>
TOTAL LIABILITIES		<u>13,588</u>	<u>12,856</u>
NET ASSETS		<u>99,660</u>	<u>104,144</u>
<u>MEMBERS FUNDS</u>			
Balance at the beginning of the year		104,144	101,004
Current Year Surplus/(Deficit)		(4,484)	3,140
Accumulated Funds		<u>99,660</u>	<u>104,144</u>

The Balance Sheet should be read in conjunction with the notes to
and forming part of the financial statements.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED 30 JUNE 2023

	30 June 2023	30 June 2022
	\$	\$
INCOME		
Grant Income		
Unexpended Grants B/Fwd	330	6,861
NT Government Grant - Operational	91,652	90,673
Total Grant Income	91,982	97,534
Non-grant Income		
Memberships	1,198	1,298
Arthritis Aust - Infoline Project	400	4,015
Donations & Gift	3,343	5,562
Interest Received	294	442
Total Non-grant Income	5,235	11,317
TOTAL INCOME	97,217	108,851
EXPENDITURE		
Audit & Accounting	4,550	4,587
Advertising & Promotion	700	3,444
Bank charges incl Merchant fees	385	334
Consultancy Fees	77	1,328
Newsletter, Publication & Information Resources	409	435
Business Lodgement Permits & fees/Subscriptions	1,750	1,001
Computer Equipment, IT Support	2,713	8,363
Electricity	1,462	1,759
General Admin Fee - Arthritis Aust	5,000	5,000
Insurance - General & Workers Comp	4,827	4,893
Printing, Stationery, Postage, Photocopying	2,573	1,367
Rent / Legal Fees	19,763	18,764
Repairs & Maintenance	1,164	413
Staff / Volunteers Training /Member Expsn	281	856
Salary & Wages	47,767	44,838
Superannuation	5,016	4,484
Employee Entitlements Movement	893	423
Telephone	2,075	2,030
Education Materials	-	740
Work Health Safety	296	322
TOTAL EXPENDITURE	101,701	105,381
Operating Surplus	(4,484)	3,470
Unexpended Balances Carried Forward		
Unexpended Grants Carried Fwd	-	330
Balances Carried Forward	-	330
Net Operating Surplus/(Deficit)	(4,484)	3,140

The Statement of Income & Expenditure should be read in conjunction with the notes to and forming part of the financial statements.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

1. SUMMARY OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in the understanding of the financial report. These policies have been consistently applied except as otherwise indicated.

(a) Financial Reporting Framework

The Association is not a reporting entity because in the opinion of the Board there are unlikely to exist users of the financial report who are unable to command the preparation of reports tailored so as to satisfy specifically all of their information needs. Accordingly, this "special purpose financial report" has been prepared to satisfy the Board's reporting requirements under the Constitution and the Associations Act NT. The Association is a not-for-profit entity.

The financial report has been prepared on an accruals basis and except where stated, does not take into account changing money values or current valuations of non-current assets.

(b) Depreciation of Property, Plant and Equipment

Items of property, plant and equipment with a cost of \$20,000 and over (if any), are capitalised and depreciated over their estimated useful lives using the straight line method. Other items of property, plant and equipment below this threshold are expensed.

(c) Employee Entitlements

The amount expected to be paid to employees for their pro-rata entitlements to long service and annual leave is accrued annually at current wage rates.

Sick leave is accrued in the payroll system but not provided for in the accounts, sick leave is non-vesting.

A provision for long service leave is recorded on a pro-rata basis and is measured at current rates and classified as both current and non-current liability as applicable.

(d) Goods and Services Tax (GST)

Revenues, expenses and assets are recognized net of the amount of GST. Receivables and payables are recognized inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of receivables or payables.

(e) Government Grants

Grants are recognised as revenue in accordance with the year in which the service to which they relate is performed. Grants received or receivable in respect of services that will be provided in future years, are treated as a liability. The portion of grants unspent at year end, is transferred to current liabilities as unexpended grants and carried forward to the next financial year.

(f) Income Tax

The Association is exempt from income tax.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	30 June 2023 \$	30 June 2022 \$
2. CASH AND BANK		
CEA Operating Account	29,025	33,071
Term Deposit	84,223	83,929
	<u>113,248</u>	<u>117,000</u>
3. OTHER CURRENT ASSETS		
Accounts Receivable	-	-
	<u>-</u>	<u>-</u>
4. PAYABLES - CURRENT		
ATO - GST	1,574	1,499
ATO - PAYG	364	270
	<u>1,938</u>	<u>1,769</u>
5. ACCRUALS		
Audit Fees (net)	2,200	2,200
	<u>2,200</u>	<u>2,200</u>
6. EMPLOYEE ENTITLEMENTS		
CURRENT		
Annual leave	2,940	1,513
Long Service Leave	6,510	7,044
	<u>9,450</u>	<u>8,557</u>
NON-CURRENT		
Long Service Leave	-	-
Total Employee Entitlements	<u>9,450</u>	<u>8,557</u>

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

		\$
	30 June 2023	30 June 2022
	\$	\$
7. UNEXPENDED GRANT		
AA Infoline	-	330
CBF Grant	-	-
	<u>-</u>	<u>330</u>

8. GOING CONCERN & ECONOMIC DEPENDANCY

During the year the Association received grant funds from government departments. The financial report has been prepared on the basis that the association is a going concern and will continue to operate. The committee believes that the support from members and funding bodies will continue and that the Association will continue as a going concern for the ensuring 12 months from the date of this report.

9. SUBSEQUENT EVENTS

There are no known subsequent events that affect the financial position of the organisation as at 30 June 2023.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCDETAILED STATEMENT OF INCOME AND EXPENDITURE**OPERATIONAL NT GOVERNMENT GRANT**Period 1 July 2022 to 30 June 2023

	Actual	Budget
	\$	\$
INCOME		
NT Government Grant	91,652	90,673
TOTAL INCOME	91,652	90,673
EXPENSES		
<u>Operational</u>		
Audit Fees	2,350	2,066
Arthritis Australia Administration Fee	2,500	2,000
Electricity	1,462	1,800
IT Support/MYOB Subscriptions	4,129	3,440
Work Health Safety	256	323
Insurance incl Workers compensation	4,827	4,830
Staff Superannuation	5,016	4,914
Staff Wages	47,767	46,800
Movement in Employee Entitlements	-	500
Photocopying	1,507	1,000
Rent Office/Legal Fees	19,763	21,000
Telephone	2,075	2,000
TOTAL EXPENSES	91,652	90,673
Operating Surplus	-	-

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCDETAILED STATEMENT OF INCOME AND EXPENDITURE**AONT SELF GENERATED FUNDS**

Actual

Period 1 July 2022 to 30 June 2023

\$

INCOME

Donations & Gifts	3,343
Membership Fees	1,198
Bank Interest	294
TOTAL INCOME	4,835

EXPENSES

Arthritis Australia Admin Fee	2,500
Accounting & Audit fee	2,200
Movement in Employee Entitlements	893
Bank Charges & Merchant Fees	384
Consultancy Fees	77
Fees & Permits	84
Work Health Safety	40
Printing Stationery / Postage	926
Photocopying / Newsletter	519
IT Support / Subscriptions	250
Staff / Volunteer & Member Expense / Training	246
Repairs & Maint & Minor Equip / Cleaning	1,200
TOTAL EXPENDITURE	9,319
Net Result	(4,484)

DETAILED STATEMENT OF INCOME AND EXPENDITURE**ARTHRITIS AUST - INFOLINE**

Actual

Period 1 July 2022 to 30 June 2023

\$

INCOME

Grant Arthritis Australia - Infoline	400
Unexpended Funds Brought Forward	330
TOTAL INCOME	730

EXPENDITURE

Advertising & Promotion	700
Photocopying	30
TOTAL EXPENDITURE	730
Net Result	-