

The Arthritis Foundation of the Northern Territory Incorporated

Trading as Arthritis & Osteoporosis NT

Annual Report July 2023 – June 2024

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Website: www.aont.org.au
Facebook: facebook.com/arthritis.osteoporosis.nt





Visit by our joint Patrons April 2024
L to R: Deirdre Moldenhauer (Administrative Assistant),
Natalie Valastro (bookkeeper),
Ruth Garden (Treasurer & office volunteer),
Ms Ruth Jones,
His Honour Professor the Honourable Hugh Heggie AO PSM,
Hilary Fowler (Secretary & office volunteer)

Introduction

Welcome to the Annual Report of The Arthritis Foundation of the Northern Territory Incorporated for the year ending 30th June 2024. The Foundation has a number of business names, the most often used being Arthritis & Osteoporosis NT (AONT). In keeping with this practice “AONT” will be used throughout this document. AONT is primarily an organisation that provides services for the benefit of people with arthritis and osteoporosis. These services may also have relevance to people affected by some other musculoskeletal conditions.

This report meets the requirements of our Constitution and the Associations Act NT and contains all information required for the Annual Report to the Australian Charities and Not-for-profit Commission.

President’s Report

As I complete my second year as President I would like to thank all the Board Members and other volunteers for their support for myself and for the organization.

It would be impossible to run our organization without the committed and very willing volunteers who go out of their way to assist us in all our activities. We also could not manage without our two part-time staff members, Deirdre Moldenhauer, our administrative assistant, and Natalie Valastro, our bookkeeper, who together keep the organisation ticking over on a daily basis. I would also like to specifically thank our Secretary, Hilary Fowler and our Treasurer/Public Officer, Ruth Garden for their tireless efforts keeping the organisation viable, and to Vice President Amin Islam for chairing meetings in my absence due to recent health issues. For the first time in many years the Board began preparing a forward thinking five year plan. We started the process by conducting a SWOT (Strengths, Weaknesses, Opportunities and Threats) session, which all Board members found very informative. The Board now has a good starting point to create some goals and associated work plans to support the organisation over the next five years.

Another very strong supporter of AONT are our Patrons: His Honour Professor the Honourable Hugh Heggie PSM and Ms Ruth Jones, and Vice Patron the Honourable Vicki O’Halloran AM CVO. Earlier this year his Honour and Ms Jones visited the office of AONT to meet with staff and volunteers. Out of this visit arose an invitation for us to have an information stand at their Open Days along with other organisations for whom they are Patrons.

Last year we flagged the possibility of increasing our membership fee, which had remained unchanged for fifteen years. This came into effect in the new financial year and the fees are now: single membership \$45, single concession membership \$25, family membership \$70, family concession membership \$40. While this is only a small increase it will make a difference to our available funds. Thank you very much to all the members who support us unquestioningly and without whom we could not do as much as we do in running the organization.

Our usual activities have continued this year including: being open to anyone who wants to drop in and get information about arthritis and osteoporosis, providing presentations to community groups; running stalls at such events as COTA’s Seniors Expo; publishing our newsletter every two months; running courses such as pain self-management and encouraging people to exercise. See pages 8 to 16 for more detail on our activities.

We have always found that our pain self-management course, “*What a Pain!*”, has been very well received by those who have attended. Previously we have run it as a two session course but following feedback have now combined the two sessions into one. At the time of writing this report, four such sessions have been held since June, with an average attendance of five persons each session. The goal is to run it on a monthly basis throughout the year, from February to November, either in our office in Rapid Creek or in Palmerston.

Fund raising is always very important for any not-for-profit organisation such as ours. We are very grateful to the Northern Territory Government for the funds we receive from our grant which currently runs until June 2027. However this is not sufficient for all that we want to do so any ideas that members have for additional sources of fund raising will be very welcome. One way of assisting us in the future is to leave a bequest. This would be a wonderful way for our members to support us sometime in the future.

New Board Members are always welcome and strongly encouraged. We meet for about an hour on the afternoon of the third Wednesday of every month. A strong, proactive Board is essential to the health of any organization. Please contact the office if you are interested.

Ruth Quinn
President AONT

Governance

As an organisation incorporated under the Associations Act (NT) since July 1983, and as a registered Not-for-Profit, AONT has a legislative responsibility to report annually to the Australian Charities and Not-for-profit Commission (ACNC).

The Board has the responsibility of running the organisation, with authority to employ persons as necessary and viable, and continues to perform all Management Committee functions.

Thanks to recurrent NT Government funding, we are able to maintain our office in the Rapid Creek Business Village, with modest staffing levels. However, volunteer involvement is crucial to the viability of the organisation, with weekly volunteer hours frequently exceeding that of employee hours. Note that all Board positions are also voluntary.

The Board – for the financial year

As at 30th June 2024 the AONT Board comprised:

President	Ruth Quinn
Vice President	Amin Islam
Secretary	Hilary Fowler
Treasurer & Public Officer	Ruth Garden
Ordinary Members	Lyn Skipper, Sami Azam

They first joined the Board:

Ruth Quinn	September 2021
Amin Islam	November 2020
Hilary Fowler	March 2010

Ruth Garden	February 2006
Lyn Skipper	November 2021
Sami Azam	April 2023

There were no changes in Board membership during the 2023-2024 financial year.

The Board meets monthly, and its members maintain regular contact with each other and with staff. Other Board meetings are called as needed to deal with specific matters. Some of our Board members are also regular office volunteers heavily involved in service delivery.

Board members are involved in regular teleconferences with both the Council of Advice to Arthritis Australia and Arthritis affiliate CEOs.

Our Constitution requires election at the AGM of office bearers: President, Vice-President, Treasurer, Secretary, and a minimum of two and no more than ten ordinary members. The Public Officer is appointed by the Board from its members. Throughout the year, the Board has authority to appoint a member at any time to fill a vacancy arising, whether office bearer or ordinary member, and any person so appointed shall hold office until the following AGM.

Service Agreement

For many years AONT has relied on core funding from the Northern Territory Department of Health through a Service Agreement to serve the Darwin and Palmerston regions. In early 2022 a new Agreement was entered into for the period July 2022 to June 2027 with base funding of \$91,652.00 per annum. This Agreement contemplates extended service delivery throughout the NT, as capacity allows, while the main focus is on activities in the Darwin and Palmerston regions. A new requirement of our Agreement is to conduct annual surveys of member and clients.

The terms of the Agreement require AONT to:

1. Advance and disseminate knowledge and understanding of arthritis and osteoporosis,
2. Promote healthy lifestyles and self-management to optimise health outcomes and reduce the burden of ill health on individuals, their families and carers

Under this agreement AONT receives quarterly payments in advance and has six-monthly reporting obligations, both written (The Performance Report) and financial, from January to June and July to December each year. Details of the information and support services, education and training programs (both volunteers and employees) and evidence of networks and partnerships are provided. Service delivery activities (commencing on Page 8) is a summary drawn from these reports.



Financial statements document how funding from the Northern Territory Department of Health (NT Health) was spent. These reports are prepared in-house in the Standard Chart of Accounts format required by the Department. A condition of the Service Agreement is that all Government

funds be fully expended at the end of the Agreement term. For many years, AONT has maintained the practice of ensuring that all such funds are spent and acquitted at the end of each financial year. We are also required to provide the Department with a copy of the Annual Special Purpose Financial Report prepared by our auditor, reproduced on pages 18 – 29 of this report.

Structure and Running of the Organisation

The office continues to be open from 9:30am to 2:00 pm Monday to Thursday. Between the volunteers and paid staff there are usually two to three people working in the office each day. On occasions the office is late in opening or early in closing due to unavailability of personnel.

Volunteer efforts are integral to the long term functioning of AONT, while employees provide core support in their given areas of expertise.

Staff to June 2024

Administrative Assistant	Deirdre Moldenhauer	15 hrs per week
Accounts and administration	Natalie Valastro	12.5 hrs per week

Natalie has been with us since early 2006, and Deirdre joined us in April 2014. Natalie and Deirdre are core personnel within our organisation and highly valued for their reliable support and willingness to go outside normal work parameters to assist our volunteers.

Volunteers

On any day the office is open there are normally volunteers on duty. Volunteer time recorded for the financial year was **1196** hours. Overall, the average number of weekly volunteer hours for the year excluding the Christmas New Year closure was **25**. This includes many hours outside normal office hours.

Typical Responsibilities assumed by volunteers (including Board members) and assisted by employees:

- general administration;
- education activities
- fundraising and networking with different people and organisations
- website and facebook page maintenance
- mandatory reporting
- membership database maintenance
- facilitation of community speaking engagements
- maintenance of distribution lists
- information stands: facilitation, provision of materials and staffing
- general administration duties, including reception, production of leaflets, printing of materials
- assessment of grant opportunities
- facilitation of network meetings, subject to availability
- newsletter production and distribution, six per year to all members, plus complimentary mailings
- records management and resource management
- pain self-management courses: facilitating, delivering & following up
- support groups: convening, arranging special events and guest speakers

- volunteer recruitment and support.

Volunteer activities outside the office include:

- networking with other community and government organisations
- presentations to various forums
- staffing information stands
- facilitating pain self-management courses
- facilitating education sessions
- facilitating support groups.

Membership

At 30th June 2024 the number of memberships was **54**, including **3** family memberships, comprising **50** females and **7** males. This is a small decrease from last year. There were **2** new memberships during the financial year.

Membership income makes a difference to AONT's ability to provide basic services, including printing, postage etc. Members have the satisfaction of knowing that their organisation helps many people and should be proud of their contribution to this purpose.

Membership benefits include:

- newsletter mail-outs, six times per year
- free or subsidised entry to self-management courses
- access to support group
- health advisory service
- borrowing library.



Membership falls due on 1st July each year and individual renewal notices are usually sent out with the newsletters soon after that.

Our Membership fees had remained unchanged since 2009 and the Board reluctantly decided on an increase effective from 1st July 2024. Fees per annum are now \$45 single and \$25 single concession; \$70 family and \$40 family concession. Members were notified in the April–May and June–July newsletters.

Support Groups

The aim of a support group is for participants to leave such meetings feeling better than when they arrived. New faces are very welcome.

Palmerston Arthritis Support Group: This long-established group now meets on the fourth Monday of each month at 10:00am at the Brennan Electorate Office opposite the Target store. This group is a wonderful example of enduring friendships and thanks go to convenor Lyn Skipper who arranges guest speakers for most meetings, as well as special events and activities throughout the year.



Donations, Fund Raising and Sponsorship

Donations and sponsorship (both unrestricted and tied) over 2023-2024 amounted to \$3,050. Along with membership income these funds are essential to our capacity to deliver much needed services as the Service Agreement income is insufficient to completely cover operating costs. No major fundraising events were held during the year.

Particular thanks go to:

1. Merit Partners for their in-kind donation towards our audit expense
2. AONT members who made donations; non-members who made donations.
3. Arthritis Australia for their ongoing support in providing resources and funding towards participation in national promotional campaigns;



Service delivery activities

Living with arthritis or osteoporosis, like any chronic condition, is not easy. Finding the right balance takes knowledge, commitment and often the help of others.



Joints commonly affected
by arthritis



The effect of spontaneous crush fractures
of vertebrae due to osteoporosis

Much of AONT's work is disseminating information in response to requests through telephone calls, emails, visits to the office, presentations to various audiences, and information stands at community events. Our shop front windows provide opportunities for educational displays and notice of relevant community events.

Visit us:

- at our office in Rapid Creek Business Village, Trower Road, Millner
- www.aont.org.au, or
- on Facebook: Arthritis & Osteoporosis NT – Home/Facebook

Consumer information, education and support

The following pages provide an overview of our activities from 1st July 2023 to 30th June 2024, as reported to the NT Department of Health. All activities rely on our committed and hardworking volunteers and in part on AONT generated income which includes donations and membership income.

Location	Date	Type	Topic	Number of participants
Website	Year round	Website www.aont.org.au		Visits ~430 Pageviews ~880
Facebook	Year round	Facebook www.facebook.com/arthritis.osteoporosis.nt 15 follow up info packs sent out		Likes ~4650 Follow ~4713
Darwin	Year round	Shop front window displays	Promotion & large format display of materials available through AONT, including arthritis and osteoporosis management info,	Unknown
Darwin	Year round	Shop front window community noticeboard	Promotion of programs, services & events relevant to healthy lifestyle choices	Unknown
Darwin/ Palmerston/ Rural area	August, Oct, Dec 2023, Feb, April, June 2024	Member newsletters	Variety of features including: <ul style="list-style-type: none"> • arthritis and osteoporosis management, healthy lifestyle choices (exercise, nutrition, etc) • updates from Arthritis Australia 	Sent to all members either in print or email and a complimentary mailing list of some community groups and various health organisations
Palmerston	Monthly	Support group for members	<ol style="list-style-type: none"> 1. Volunteer member convenor 2. Admin support from AONT office in procuring relevant guest speakers 3. Updates of AONT activities and materials available 	6 – 10 per monthly meeting
Darwin	02-08-2023	Presentation to “Creative Craft” group	Arthritis info, including updates on resources from Arthritis Australia	~ 30 - 35 ~10 took resources ~ 3 significant one-on-one engagements ~ 2 enquiries to follow up from office

Location	Date	Type	Topic	Number of participants
Palmerston	02-08-2023	Palmerston Seniors Network	AONT services available	~ 2 enquiries to follow up from office
Darwin	15-08-2023	Information stand at COTA NT's inaugural "Tuesday Talkies"	1. Arthritis & osteoporosis information & resources 2. Role of AONT	~ 20 visitors to stand ~ all took resources ~ 3 enquiries to follow up from office
Palmerston	16-08-2023	Display at Palmerston Seniors Day event	Flyers, brochures, lists of materials available	Unknown Insufficient notice to enable direct involvement by AONT. Accepted invitation from Council to provide materials for a table top display.
Darwin	10-02-2024	Information stand at "Defence Member & Family Support" Expo	Healthy Bones	26 – 30 visitors to stand Two possible presentation opportunities; Three collaboration opportunities Materials collected: bone health info and arthritis management info
Darwin	20-04-2024	Presentation to National Seniors Top End	1. Role of AONT 2. Arthritis & osteoporosis resource sharing	9 audience members 2 significant one-on-one engagements Possible presentation opportunity with other community groups
Darwin	14-05-2024	Presentation to Charles Darwin Probus Club	1. Role of AONT 2. Arthritis & osteoporosis resource sharing	54 audience members 3 significant one-on-one engagements
Darwin	30-05-2024	Interactive information stand at Darwin High School Health Expo	The Skeletal System and Healthy Bones & Joints	47 visitors to stand: 41 students, 6 staff 23 - 25 students participated in a quiz
Darwin	29-06-2024	Information stand at COTA NT Seniors Expo – Darwin	1. Arthritis & osteoporosis information & resources 2. Role of AONT	~ 140 visitors to stand, most taking materials Several significant one-on-one engagements 10 enquiries to follow up from office

Resources available at our office – call in or ring 8948 5232

Arthritis information - developed by Arthritis Australia.

Booklets

- | | | | |
|---|--------------------------|-------------------------|------------------------|
| 10 Steps for Living Well with Arthritis | | At Home with Arthritis | |
| Pain in Arthritis | Back Pain | Joint Replacement | |
| Osteoarthritis | Rheumatoid arthritis | Gout | Ankylosing Spondylitis |
| Osteoarthritis of the Knee | Fibromyalgia | Psoriatic Arthritis | |
| Juvenile Idiopathic Arthritis | A Guide for Young Adults | Arthritis and pregnancy | |

Information sheets include: types of arthritis, general information, medical management, nutrition and complimentary therapies, and physical activity. A number of interactive websites are also available on the Arthritis Australia website - <https://arthritisaustralia.com.au>

Osteoporosis information - developed by Healthy Bones Australia. Categories of information sheets are: bone health, supplements and lifestyle, medications, and other conditions and bone health (11 different conditions which can impact bone health directly or due to a side effect of medication). Booklets include: Bone Health Explained, Men’s Bone Health Explained and Exercise and Bone Density.

AONT Publications

Health related brochures

- Warm Water Exercise – providers in Darwin/Palmerston
- Stretch Break – chair based exercises
- Improve your balance
- Healthy Gardening Tips

General information flyers

- Palmerston Support Group
- Volunteering opportunities with AONT
- Arthritis Australia websites
- Hand exercises

Participant handbooks for those attending the “What a Pain!” information session on self-management program
 Member newsletter “**joinTed**”, six editions per year, which are ultimately posted on our website.

Enquiries and Information Packages Distributed

No. of enquiries	78
No. of packages distributed	60

Source of referrals to AONT

Self-referred	63
AONT presentation audience member	6
Information stand visitor	3
GP	6

Total of 49 referrals from AONT to other providers

Medical: GP, specialist	7
Allied health	11
Hand therapy	5
Pain management (incl AONT course & RDH clinic)	3
Exercise - including water exercise	20
Other	3

Examples of client feedback from walk in, phone and email/website enquiries

At time of enquiry:

Thank you very much for your time

Thank you very much for the materials

Thank you for being prepared to talk to me

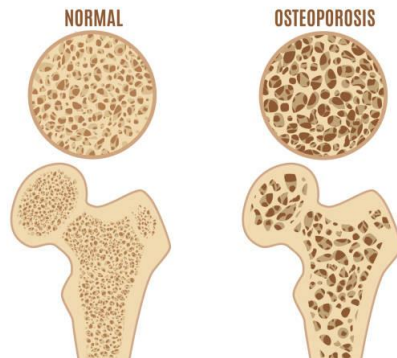
‘Thank you so much for your time. I feel much better than when I came in’ C Mc

Follow-up about 4 weeks later:

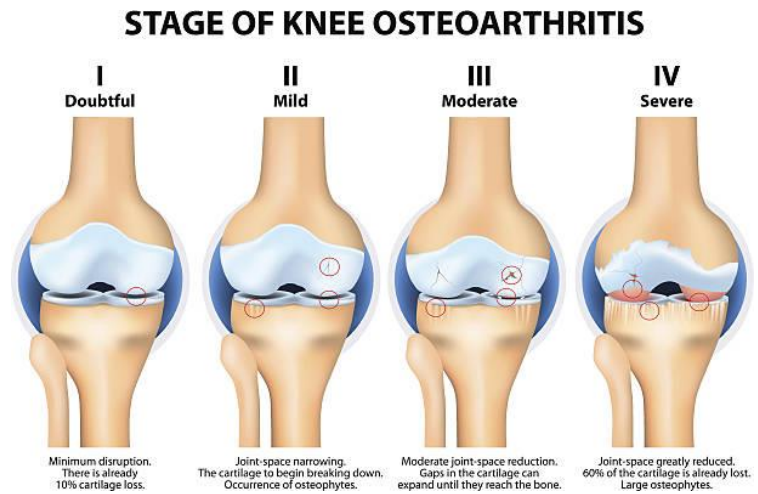
Note: It is often difficult to make follow up contact with clients, as many phone calls are not taken, and there is often no response from clients when a message is left for them. System of data collection and retrieval to be further reviewed.

Typical remarks include:

- Thank you very much for the materials.
- “Thank you so much for your time. I feel much better than when I came in” C Mc
- Thank you for being prepared to talk to me
- Happy with the info pack (4)
- Happy with the service (8)
- Following the info I’m now seeing a physio
- Good information
- Information provided is very useful
- Information provided is very helpful



Osteoporosis weakens bones such that they may fracture very easily



Broken bones—a common result of osteoporosis

Networks/partnerships activities

Maintaining relationships with other organisations has many benefits to AONT and is a two way interaction, ensuring:

- Provision of suitable materials for AONT to share
- Awareness by AONT of other support available to clients
- Newsletter article contributions from other community groups and health providers
- Increased public awareness of AONT’s role in health care
- Potential for joint projects



Group	Description
Arthritis Australia and State Affiliates	<ol style="list-style-type: none"> 1. Regular zoom meetings with Council of Advice to Arthritis Australia 2. Regular zoom meetings with CEOs of Arthritis Australia and other affiliated organisations 3. Distribute materials produced by Arthritis Australia, promoting new materials and resources 4. Promoting Arthritis Australia websites

Group	Description
Healthy Bones Australia	Distribute materials produced by Healthy Bones Australia (formerly Osteoporosis Australia)
COTA NT	<ol style="list-style-type: none"> 1. Corporate member of COTA 2. Address to Palmerston Support Group by COTA Aged Care Navigator 3. Collaboration with Aged Care Navigator for article in AONT member newsletter 4. Promotion of exercise opportunities with COTA, article in Feb member newsletter 5. AONT participated in inaugural “Tuesday Talkies” at Casuarina Square
Defence Member and Family Support (DMFS) Branch	Interactive information stand at the annual “Welcome to the Top End Expo”
Palmerston City Council	<ol style="list-style-type: none"> 1. Seniors Network meetings 2. Palmerston Seniors Day: Materials provided for 2023 August event, AONT rep on Working Group for 2024 August event
Darwin High School	Collaboration on presenting students with information on the importance of building strong bones in the teenage years and the prevention of sports injuries.
Aust Govt Dept Health and Aged Care, Aged Care Engagement	Meeting with Aged Care Engagement officers, resource sharing
Haemochromatosis Australia	Collaboration re information and management of haemochromatosis and haemochromatic arthritis
Royal Darwin Hospital	Meeting with geriatrician to discuss role of AONT in post hospital support for patients with osteoporotic fractures
Darwin Community Legal Service (DCLS)	<ol style="list-style-type: none"> 1. Seniors Rights Advocate – speaker to support group 2. Promotion of DCLS ‘Older Person Abuse Survey’ through AONT newsletter and networks
Amber NT (formerly SIDS & Kids)	Collaboration on newsletter contribution, AONT Community Noticeboard

Group	Description
Centre for Disease Control	Collaboration on newsletter contribution on importance of immunisation
Southern Cross Care	Collaboration on newsletter contribution promoting exercise options for over fifties
Medical Centres: Leanyer Medical, Top End Medical, Casuarina	Collaboration providing organisation brochures and flyers

Professional development

Location	Date	Who	Type	AONT Attendees
Darwin	13-07-2023	My Aged Care	Meeting with Aged Care Engagement Officer	1
Darwin	31-08-2023	Haemochromatosis Australia	Info session	1
Darwin	13-09-2023, 06-12-2023, 06-03-2024	Council of Advice to Arthritis Aust	Zoom meetings	1
Darwin	19-09-2023,05-12-2023	Arthritis Aust and Affiliate CEOs	Zoom meetings	1

Treasurer's Report

As shown in the audited financial statements for the year ended 30th June 2024 the Association has continued the use of accrual accounting to enable a meaningful financial position to be shown. This is reflected in the balance sheet and the Statement of Income and Expenditure as summarised below.

It should be noted from the Special Purpose Financial Report:

1. The Statement of Income and Expenditure records an operating surplus of \$4,258 (page 6 of Financial Report) largely due to interest income from the previous year credited at the beginning of this year.
2. The NT Government Operational Grant has been fully expended within the year (page 10 of the Financial Report) and did not fully cover all operational costs of the organisation.
3. The balance of operational costs, \$5,994, was met by AONT self-generated funds (derived from membership income, donations, and bank interest) as itemised on page 11 of the report.

The balance sheet shows:

- Accrual of expenses incurred and not paid as at 30th June 2024 amounting to \$13,672. These are: a \$1,576 ATO liability, net audit fees of \$2,200, provision for employee entitlements of \$9,896, details of which are shown respectively in Notes 4, 5 and 6 to the accounts (page 8 of the Financial Report).
- the Term Deposit of \$90,400 reflects an increase of \$6,177 from the previous balance. This included interest of \$2,316 earned in 2022-2023 and credited in July 2023. Throughout 2023-2024 interest was unexpectedly credited monthly, which will not be the case for the 2024-2025 year.

The organisation is in a reasonable financial position and retains Accumulated Funds of \$103,918. These funds are available to cover operational costs of the organisation that are not fully covered by government grant funds, plus any other unfunded areas. The Board appreciates that long term reliance on accumulated funds to meet shortfalls is not sustainable, and continues to give much consideration to ways of increasing income.

Thank you to the many members and friends of AONT who have made donations, often on a regular basis.

Ruth Garden
Treasurer
November 2024

Special Purpose Financial Report

This report includes all income and expenditure items (Profit and Loss statement), and a Balance Sheet of all assets and liabilities, both for the full financial year. The report is prepared by an independent auditor and is reproduced in the following pages. This concludes the Annual Report for 2023-2024.

Arthritis Foundation of the Northern Territory Incorporated

*SPECIAL PURPOSE FINANCIAL REPORT
for the year ended
30 JUNE 2024*

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC**INDEX TO THE SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2024**

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ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC
BOARD OF MANAGEMENT'S STATEMENT
FOR THE YEAR ENDED 30 JUNE 2024

In our opinion and to the best of our knowledge and belief:

(a) The accompanying financial report as set out on pages 5 to 11, being a special purpose financial report, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2024 and the results of the Association for the year ended on that date;

(b) The accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and

(c) The Board has reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

(a) The name of each committee member of the association during the financial year were:

July 2023 to November AGM 2023

President: Ruth Quinn

Public Officer: Ruth Garden

Vice-President: Amin Islam

Treasurer: Ruth Garden

Secretary: Hilary Fowler

Non-Executive members: Lyn Skipper, Sami Azam

November 2023 AGM to present:

President: Ruth Quinn

Public Officer: Ruth Garden

Vice-President: Amin Islam

Treasurer: Ruth Garden

Secretary: Hilary Fowler

Non-Executive members: Lyn Skipper, Sami Azam

b) The principal activities have not altered from previous years and are:
public and individual education and advocacy in the area of arthritis and osteoporosis treatment and management.

The net result of the association for the year was a Surplus of \$4,258 (2023 Deficit of \$4,484)



President



Treasurer

Darwin

Date: 13 September 2024



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Independent auditor's report to the members of Arthritis Foundation of the Northern Territory Incorporated

Opinion

We have audited the accompanying special purpose financial report of the Arthritis Foundation of the Northern Territory Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2024, the statement of income and expenditure for the year then ended, a summary of material accounting policies and other explanatory notes and the board of management's statement.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Arthritis Foundation of the Northern Territory Incorporated as at 30 June 2024 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial report.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Association in accordance with the independence requirements of the Australian professional accounting bodies. We have also fulfilled our other ethical responsibilities in accordance with the independence requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of matter – Basis of Accounting and Restriction on Distribution

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association meet the needs of the Associations Act and the Association's constitution. As a result, the financial report may not be suitable for another purpose. Our report is intended solely for the Association and should not be distributed to or used by parties other than the Association. Our opinion is not modified in respect of these matters.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the Associations Act and the Association's constitution and has determined the accounting policies used as described in Note 1 are appropriate to meet the needs of the Association and for such internal control as management determines is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

PKF Merit Partnership is a member of PKF Global, the network of member firms of PKF International Limited, each of which is a separately owned legal entity and does not accept any responsibility or liability for the actions or inactions of any individual member or correspondent firm(s). Liability limited by a scheme approved under Professional Standards Legislation.



Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report for the year ended 30 June 2024 as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with management regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

A stylized signature of PKF Merit in black ink, appearing as a series of connected loops and lines.

PKF Merit

A handwritten signature in black ink, appearing to read "MunLi Chee", written over a horizontal line.

MunLi Chee
Director

Darwin

13 September 2024

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCBALANCE SHEETAT 30 JUNE 2024

	Notes	30 June 2024 \$	30 June 2023 \$
<u>CURRENT ASSETS</u>			
Cash and bank	2	117,590	113,248
Prepayments & Other Assets	3	-	-
		<u>117,590</u>	<u>113,248</u>
<u>NON CURRENT ASSETS</u>			
Property, plant and equipment		-	-
		<u>-</u>	<u>-</u>
<u>TOTAL ASSETS</u>		<u>117,590</u>	<u>113,248</u>
<u>CURRENT LIABILITIES</u>			
Payables	4	1,576	1,938
Accruals	5	2,200	2,200
Provision for employee entitlements	6	9,896	9,450
Unexpended grants	7	-	-
		<u>13,672</u>	<u>13,588</u>
<u>NON CURRENT LIABILITIES</u>			
Employee entitlements	6	-	-
		<u>-</u>	<u>-</u>
<u>TOTAL LIABILITIES</u>		<u>13,672</u>	<u>13,588</u>
<u>NET ASSETS</u>		<u>103,918</u>	<u>99,660</u>
<u>MEMBERS FUNDS</u>			
Balance at the beginning of the year		99,660	104,144
Current Year Surplus/(Deficit)		4,258	(4,484)
Accumulated Funds		<u>103,918</u>	<u>99,660</u>

The Balance Sheet should be read in conjunction with the notes to
and forming part of the financial statements.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

STATEMENT OF INCOME AND EXPENDITURE

FOR THE YEAR ENDED 30 JUNE 2024

	30 June 2024	30 June 2023
	\$	\$
INCOME		
Grant Income		
Unexpended Grants B/Fwd	-	330
NT Government Grant - Operational	91,725	91,652
Total Grant Income	<u>91,725</u>	<u>91,982</u>
Non-grant Income		
Memberships	1,025	1,198
Arthritis Aust - Infoline Project	5,155	400
Donations & Gift	3,050	3,343
Interest Received	6,177	294
Total Non-grant Income	<u>15,407</u>	<u>5,235</u>
TOTAL INCOME	<u>107,132</u>	<u>97,217</u>
EXPENDITURE		
Audit & Accounting	4,550	4,550
Advertising & Promotion	4,980	700
Bank charges incl Merchant fees	358	385
Consultancy Fees	-	77
Newsletter, Publication & Information Resources	389	409
Business Lodgement Permits & fees/Subscriptions	2,056	1,750
Computer Equipment, IT Support	1,889	2,713
Electricity	1,558	1,462
General Admin Fee - Arthritis Aust	5,000	5,000
Insurance - General & Workers Comp	5,093	4,827
Printing, Stationery, Postage, Photocopying	1,672	2,573
Rent / Legal Fees	20,121	19,763
Repairs & Maintenance	175	1,164
Staff / Volunteers Training /Member Expns	282	281
Salary & Wages	46,774	47,767
Superannuation	5,145	5,016
Employee Entitlements Movement	446	893
Telephone	2,143	2,075
Education Materials	-	-
Work Health Safety/Minor Equip	243	296
TOTAL EXPENDITURE	<u>102,874</u>	<u>101,701</u>
Operating Surplus	<u>4,258</u>	<u>(4,484)</u>
Unexpended Balances Carried Forward		
Unexpended Grants Carried Fwd	-	-
Balances Carried Forward	-	-
Net Operating Surplus/(Deficit)	<u>4,258</u>	<u>(4,484)</u>

The Statement of Income & Expenditure should be read in conjunction with the notes to and forming part of the financial statements.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

1. MATERIAL ACCOUNTING POLICY INFORMATION

The accounting policies adopted by the Association are stated in order to assist in the understanding of the financial report. These policies have been consistently applied except as otherwise indicated.

(a) Financial Reporting Framework

The Association is not a reporting entity because in the opinion of the Board there are unlikely to exist users of the financial report who are unable to command the preparation of reports tailored so as to satisfy specifically all of their information needs. Accordingly, this "special purpose financial report" has been prepared to satisfy the Board's reporting requirements under the Constitution and the *Associations Act NT*. The Association is a not-for-profit entity.

The financial report has been prepared on an accruals basis and except where stated, does not take into account changing money values or current valuations of non-current assets.

(b) Depreciation of Property, Plant and Equipment

Items of property, plant and equipment with a cost of \$20,000 and over (if any), are capitalised and depreciated over their estimated useful lives using the straight line method. Other items of property, plant and equipment below this threshold are expensed.

(c) Employee Entitlements

The amount expected to be paid to employees for their pro-rata entitlements to long service and annual leave is accrued annually at current wage rates.

Sick leave is accrued in the payroll system but not provided for in the accounts, sick leave is non-vesting.

A provision for long service leave is recorded on a pro-rata basis and is measured at current rates and classified as both current and non-current liability as applicable .

(d) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables are recognised inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of receivables or payables.

(e) Government Grants

Grants are recognised as revenue in accordance with the year in which the service to which they relate is performed. Grants received or receivable in respect of services that will be provided in future years, are treated as a liability. The portion of grants unspent at year end, is transferred to current liabilities as unexpended grants and carried forward to the next financial year.

(f) Income Tax

The Association is exempt from income tax.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024**

	30 June 2024 \$	30 June 2023 \$
2. CASH AND BANK		
CBA Operating Account	27,190	29,025
Term Deposit	90,400	84,223
	<u>117,590</u>	<u>113,248</u>
3. OTHER CURRENT ASSETS		
Accounts Receivable	-	-
	<u>-</u>	<u>-</u>
4. PAYABLES - CURRENT		
ATO - GST	1,226	1,574
ATO - PAYG	350	364
	<u>1,576</u>	<u>1,938</u>
5. ACCRUALS		
Audit Fees (net)	2,200	2,200
	<u>2,200</u>	<u>2,200</u>
6. EMPLOYEE ENTITLEMENTS		
CURRENT		
Annual leave	3,080	2,940
Long Service Leave	6,816	6,510
	<u>9,896</u>	<u>9,450</u>
NON-CURRENT		
Long Service Leave	-	-
Total Employee Entitlements	<u>9,896</u>	<u>9,450</u>

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCNOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

	\$	
	30 June 2024	30 June 2023
	\$	\$
7. UNEXPENDED GRANT		
AA Infoline	-	-
CBF Grant	-	-
	<u>-</u>	<u>-</u>
	<u>-</u>	<u>-</u>

8. GOING CONCERN & ECONOMIC DEPENDANCY

During the year the Association received grant funds from government departments. The financial report has been prepared on the basis that the association is a going concern and will continue to operate. The committee believes that the support from members and funding bodies will continue and that the Association will continue as a going concern for the ensuing 12 months from the date of this report.

9. SUBSEQUENT EVENTS

There are no known subsequent events that affect the financial position of the organisation as at 30 June 2024.

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INC

DETAILED STATEMENT OF INCOME AND EXPENDITURE

OPERATIONAL NT GOVERNMENT GRANT

Period 1 July 2023 to 30 June 2024

	Actual	Budget
	\$	\$
INCOME		
NT Government Grant	91,725	91,652
TOTAL INCOME	91,725	91,652
EXPENSES		
<u>Operational</u>		
Audit Fees	2,350	2,400
Arthritis Australia Administration Fee	2,955	2,500
Electricity	1,558	1,500
IT Support/MYOB Subscriptions	3,505	3,000
Work Health Safety	243	262
Insurance incl Workers compensation	5,093	5,000
Staff Superannuation	5,145	5,390
Staff Wages	46,774	49,000
Movement in Employee Entitlements	446	600
Photocopying/Newsletter/Post & freight	1,567	1,500
Rent Office/Legal Fees	20,121	19,500
Telephone	1,968	1,000
TOTAL EXPENSES	91,725	91,652
Operating Surplus	-	-

ARTHRITIS FOUNDATION OF THE NORTHERN TERRITORY INCDETAILED STATEMENT OF INCOME AND EXPENDITURE**AONT SELF GENERATED FUNDS**

Period 1 July 2023 to 30 June 2024

INCOME

	Actual \$
Donations & Gifts	3,050
Membership Fees	1,025
Bank Interest	6,177
TOTAL INCOME	10,252

EXPENSES

Arthritis Australia Admin Fee	2,046
Accounting & Audit fee	2,200
Advertising & Promotion	25
Movement in Employee Entitlements	-
Bank Charges & Merchant Fees	358
Consultancy Fees	-
Fees & Permits	89
Work Health Safety	-
Printing Stationery/Postage	185
Photocopying/Newsletter	109
IT Support/Subscriptions	350
Staff/Volunteer & Member Expense/ Training	282
Telephone	175
Repairs & Maint & Minor Equip/Cleaning	175
TOTAL EXPENDITURE	5,994
Net Result	4,258

DETAILED STATEMENT OF INCOME AND EXPENDITURE**ARTHRITIS AUST - INFOLINE**

Period 1 July 2023 to 30 June 2024

INCOME

	Actual \$
Grant Arthritis Australia - Infoline	5,155
Unexpended Funds Brought Forward	-
TOTAL INCOME	5,155

EXPENDITURE

Advertising & Promotion	4,955
Photocopying/Printing & Stationery/Newsletter	200
TOTAL EXPENDITURE	5,155
Net Result	-