

# HIP OR KNEE OA?

GLA:D  
AUSTRALIA  
PROGRAM



*Good Life with Arthritis Denmark*  
The best first-line treatment for osteoarthritis

## WHAT'S INVOLVED?

6 Week Exercise Program  
delivered by our Qualified Physiotherapists  
in collaboration with your Orthopaedic Surgeon

2 x Education Sessions  
12 x 1 hr Exercise Sessions

\$700.00

10% discount for pre-payment in full  
Claimable with private health insurance  
Terms + conditions apply

For more information  
Ph (08) 8914 8880

